

Household Emergency Plan

If a major emergency happens it may be some time before help arrives. It's very important that you and your family get together to prepare.

- ✓ **Agree a plan in advance with those in your home.**
- ✓
- ✓ **Complete this template together, share it and keep it safe in case you need to use it.**

If the emergency means it is not safe to go out, the advice is usually to:

GO IN go indoors and close all windows and doors

STAY IN stay indoors

TUNE IN to local radio, TV or the internet, where information and advice will be broadcast

But, if you have to leave your home in an emergency, get out, take others with you – and STAY OUT

Agree two meeting places – one near home and one further away, in case you can't get home.

Meeting place 1 (Near Home)

Location:
.....
.....

Meeting place 2 (Further away)

Location:
.....
.....

Pick a friend or relative who lives out of the area, who you will agree to call to say you're OK, if you need to leave home - **make sure this person knows!**

Friend or relative to call to let people know that you're OK

Name: **Tel. Number:**

If it is safe to do so you should check on your neighbours and vulnerable people living close by. Have a think about who they are in advance:

Name: **Name:** **Name:**
Address: **Address:** **Address:**

.....
.....
Tel: **Tel:** **Tel :**

Important Telephone Numbers

- **Emergencies** **999**
- **NHS 24** **08454 24 24 24**
- **SEPA's floodline** **0845 988 1188**
- **Scottish Water** **0845 601 8855**
- **Scottish Power** **0845 272 7999**
- **South Ayrshire Council** **0300 123 0900**

Other important numbers:

Schools/colleges

Work Contact

Doctor.....

Insurance.....

Account number:

Gas supplier

Account number:

Electricity supplier.....

Account number:

Carers/childminder

Plumber

Vet

Others:

Family contact numbers

Pack an Emergency Kit

You should keep enough food and water and other essentials at home for at least three days.

Whether you have to stay in or get out, packing a small emergency kit will help you get through. Keep it in a safe place at home where you can reach it easily.

Your kit should be kept in a waterproof bag or easy to carry plastic box.

The **top ten things to include** are:

- ✓ **Bottled water and ready-to-eat food that won't go off**
Pack a can/bottle opener if needed
- ✓ **Pet supplies**
- ✓ **First aid kit**
- ✓ **Pencil and paper, penknife, whistle**
- ✓ **Battery torch with spare batteries, or a wind-up torch**
- ✓ **Battery radio with spare batteries, or a wind up radio**
- ✓ **Important documents - birth certificates and insurance policies**
- ✓ **Spare keys to your home and car**
- ✓ **Spare glasses or contact lenses**
- ✓ **Toiletries and details of important medicines**

If you have to leave your home and there's time to gather them safely, **you should also think about taking:**

- ✓ **Essential medicines**
- ✓ **Mobile phone and charger**
- ✓ **Cash and credit cards**
- ✓ **Spare clothes and blankets**
- ✓ **Games, books, a child's special toy**
- ✓ **Pets**

For further advice on being prepared for emergencies visit:

www.south-ayrshire.gov.uk/readyforwinter

www.readyscotland.org