

South Ayrshire Council - Primary School Exported Meals 2019/20

Week commencing 19th August; 9th September; 30th September; 28th October; 18th November; 9th December; 13th January; 3rd February; 24th February; 16th March; 20th April; 11th May; 1st June; 22nd June.

Please note the cost of school lunch is £2.15 per day

Week 1

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Chicken curry Boiled rice & Peas	Lentil soup	Baked potato with tuna
Chicken curry Boiled rice & Peas	Carrot cake & Custard	Tomato pasta & peas Garlic bread	Carrot cake & custard

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken noodle soup	Steak pie, neeps & tatties	Chicken noodle	Chicken noodle soup Cheese salad wholemeal roll
Steak pie, neeps & tatties	Fruit salad	Haggis, neeps & tatties	Fruit salad

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Potato & leek soup	Quorn chilli Mince Boiled rice & Corn on the cob	Cheese Pizza , Corn on the cob & seasoned wedges	Potato & leek soup
Quorn chilli Mince Boiled rice & Corn on the cob	Fruity flapjack	Yogurt	Baked potato with coleslaw


Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable soup	Macaroni cheese with garlic bread & broccoli	Pulled pork with rice served in a tortilla basket & broccoli	Vegetable soup Gammon salad wholemeal roll
Macaroni cheese with garlic bread & broccoli	Apple crumble & custard	Fruit salad	Portion of fruit

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Fish & chips with baked beans	Pork beano & chips	Baked potato with beans
Fish & chips with baked beans	Frozen yoghurt/ mousse	Frozen yoghurt/ mousse	Frozen yoghurt/ mousse

Special dietary requirements and allergen advice available on request please speak to the Catering Supervisor.

We  our school lunches!

South Ayrshire Council Primary School Exported Meals 2019/20

Week commencing 26th August; 16th September; 7th October; 4th November; 25th November; 16th December; 20th January; 10th February; 2nd March; 23rd March; 27th April; 18th May; 8th June.

Please note the cost of school lunch is £2.15 per day

Week 2

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken rice soup	Roast Turkey in Gravy with Baby boiled potatoes & Cabbage	Chicken Rice soup	Cheese salad wrap
Roast Turkey In gravy with Baby Boiled potatoes & cabbage	Iced Gingerbread	Vegetable pasta with Garlic bread	Iced Gingerbread Piece of whole fruit

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Fish fingers with mashed potato & peas	Lentil soup	Baked potato with coleslaw
Fish fingers with mashed potato & Peas	Fruit salad	Macaroni cheese served with peas	Fruit salad

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Tomato soup	Kashmiri chicken curry with Boiled rice & sweetcorn	Beef burger with potato wedges & sweetcorn	Tomato soup
Kashmiri chicken curry with boiled rice & sweetcorn	Fruit platter	Yogurt	Baked potato with tuna


Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable soup	Pasta bolognese served with baby carrots	Vegetable soup	Vegetable soup Gammon salad wholemeal roll
Pasta bolognese served with baby carrots	Iced Sponge & custard	Chicken pie with roast potatoes & baby carrots	Iced sponge & custard

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Fish & chips with baked beans	Hot dog Roll With Baked Beans & Chips	Baked potato & baked beans
Fish & chips with baked beans	Ice cream	Ice cream	Ice cream

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We  our school lunches!

Week commencing 2nd September; 23rd September; 21st October; 11th November; 2nd December; 6th January; 27th January; 17th February; 9th March; 30th March; 4th May; 25th May; 15th June.

Please note the cost of school lunch is £2.15 per day

Week 3

Please tick one menu choice ONLY for each day.

Monday

Menu 1	Menu 2	Menu 3	Menu 4
Potato soup	Mince pie with roast potatoes & broccoli, cauliflower & baby carrot medley	Chicken Fajitas with roast potatoes & broccoli, cauliflower & baby carrot medley	Baked potato & tuna
Mince Pie with roast potatoes & broccoli, cauliflower & baby carrot medley	Fruit crumble & custard	Fruit crumble & custard	Fruit salad

Tuesday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Fish Fingers with Baby Boiled potatoes & Peas	Vegeballs with Spaghetti & Peas	Lentil soup Cheese salad wholemeal roll
Fish fingers with Baby Boiled Potatoes & Peas			
	Rice pudding & mandarin oranges	Rice Pudding & mandarin oranges	Fruit salad & yogurt

Wednesday

Menu 1	Menu 2	Menu 3	Menu 4
Chicken rice soup	Sausages in gravy with mashed potatoes & mixed vegetables	Quorn Nuggets with mashed Potatoes & mixed Vegetables	Baked potato with baked beans
Sausages in gravy with mashed Potatoes & mixed vegetables	Frozen fruit smoothie	Yogurt	Frozen fruit smoothie

Thursday

Menu 1	Menu 2	Menu 3	Menu 4
Vegetable soup	Paprika chicken goulash served with pasta & potato cubes & cauliflower	Cheese Pizza with potato cubes & cauliflower	Gammon salad wholemeal roll
Paprika chicken goulash served with pasta & potato cubes & cauliflower	Chocolate sponge & custard	Chocolate Sponge & Custard	Chocolate sponge & Custard Piece of whole fruit

Friday

Menu 1	Menu 2	Menu 3	Menu 4
Lentil soup	Fish & chips with baked beans	Chicken Fillet in a bun with chips & Peas	Lentil soup
Fish & chips with baked beans	Jelly & Fruit	Jelly & Fruit	Tuna salad wrap Jelly & fruit

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