

Recipe ref.	Recipe	Allergens	Celery	Gluten*	Crustaceans	Molluscs	Fish	Eggs	Lupin	Milk	Mustard	Nuts	Peanuts	Sesame	Soya	SO2	Notes
1	Apple crumble	Y		B,O,W						x							*Allergens, Gluten: B = Barley O=Oats R=Rye W=wheat
2	Baked potato and beans	N															
3	Baked potato & cheese	Y								x							
4	Baked potato & egg mayo	Y						x									
5	Baked potato & tuna/sweetcorn	Y					x	x									
6	Beef chilli with vegetable rice	Y	x														
7	Breaded fish and chips	Y		W			x										
8	Cajun chicken pasta	Y	x	W						x							
9	Cajun Quorn fajitas	Y	x	W				x									
10	Carrot & orange soup	Y	x							x							
11	Carrot cake	Y		W				x		x							
12	Chicken & rice soup	Y	x														
13	Chicken chow mein	Y		W				x							x		
14	Chicken curry	N															
15	Chicken goujon wrap	Y		W				x		x	x						
16	Chicken in black bean sauce	Y		W										x	x		
17	Chicken noodle soup	Y	x	W				x							x		
18	Coleslaw bought-in	Y	x	B,W						x	x				x	x	
19	Coleslaw home-made	Y						x									
20	Creamed broccoli soup	Y	x														
21	Custard	Y								x							
22	Fresh fruit salad	N															
23	Garlic bread	Y		W						x					x		
24	Gourmet beef burger	Y		W						x				x	x		
25	Gourmet chicken fillet burger	Y		W										x	x		
26	Hot spicy chicken wraps	Y		W													
27	Iced gingerbread	Y		W				x		x						x	
28	Iced sponge	Y		W				x		x							
29	Italian-style meatballs	Y	x					x									
30	Kashmiri chicken curry	Y									x						
31	Lentil soup	Y	x														
32	Macaroni cheese	Y	x	W						x	x						
33	Margarita pizza	Y		W						x							
34	Naan bread	Y		W						x							
35	Paprika chicken goulash	Y	x	W													
36	Pasta bolognese	Y	x	W													
37	Pasta in cheese sauce	Y	x	W						x	x						
38	Pizzini	Y		W						x							
39	Plain yogurt	Y								x							
40	Pork & carrot meatballs in onion gravy	Y	x	R												x	
41	Potato & leek soup (fresh veg)	Y	x														
42	Potato & leek soup (soup mix)	Y	x													x	
43	Potato products , chips, baby boiled potatoes,mashed potato,roast potatoes, potato wedges	Y		W													
44	Potato soup	Y	x														
45	Pulled pork with vegetable rice in a stuffed tortilla	Y	x	W													
46	Roast beef & Yorkshire pudding	Y	x	R,W,				x		x						x	

