

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Carrot and orange soup [S:20] [P:300] [Contains: Celery and celeriac, Milk products]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Leek and potato soup [S:20] [P:250] [Contains: Celery and celeriac]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Tomato soup [S:20] [P:250] [Contains: Celery and celeriac]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Chicken and rice soup [S:20] [P:300] [Contains: Celery and celeriac] Garlic and herb bread [S:20] [P:64] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Broccoli soup [S:20] [P:250] [Contains: Celery and celeriac, Milk products]
Mains	Mac-cheese meal [S:25] [P:469] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Mustard] Stir fry vegetable noodles [S:25] [P:518] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Baby carrots [S:20] [P:80] Baked potato & cheese [S:20] [P:210] [Contains: Milk products] Salmon steak [S:20] [P:71] [Contains: Fish] Coleslaw [S:20] [P:60] [Contains: Egg] side salad [S:20] [P:113] Spinach [S:15] [P:80]	Steak pie meal [S:20] [P:393] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Tomato and Mascarpone [S:30] [P:4] [Contains: Milk products] Baked Potato and Tuna [S:20] [P:307] [Contains: Egg, Fish, Milk products] Coleslaw [S:20] [P:60] [Contains: Egg] side salad [S:20] [P:113] Roasted vegetables [S:20] [P:90]	Chicken curry meal [S:20] [P:300] [Contains: Celery and celeriac, Mustard] Vegetable curry [S:20] [P:289] [Contains: Milk products, Mustard] BAKED POTATO & EGG MAYO [S:20] [P:330] [Contains: Egg, Milk products] Rice (cooked) [S:20] [P:150] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Sweetcorn [S:20] [P:80]	Peas [S:20] [P:80] Baked Potato Tuna & Sweetcorn [S:20] [P:280] [Contains: Fish, Milk products] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Lasagne [S:20] [P:185] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Breaded fish meal [S:20] [P:338] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Quorn Fajitas (Glas) [S:20] [P:157] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Baked Potato & Beans [S:30] [P:260] Baked beans [S:20] [P:90] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg]
Sweet	Fresh fruit salad [S:20] [P:178] Mini plain muffins [S:30] [P:44] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Iced sponge [S:20] [P:100] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Custard [S:20] [P:125] [Contains: Milk products]	Fresh fruit salad [S:20] [P:178] Empire biscuits [S:20] [P:49] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Fruit crumble [S:20] [P:183] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Custard [S:20] [P:125] [Contains: Milk products]	Fresh fruit salad [S:20] [P:178]
Sandwich	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]
Sundries	Chicken Breast Salad [S:5] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:20] [P:250] [Contains: Milk products] Calypso aquajuce 67 [S:20] [P:330] Calypso aquajuce 67 [S:12] [P:330] Apple juice [S:5] [P:200]	Chicken Breast Salad [S:5] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:20] [P:250] [Contains: Milk products] Calypso aquajuce 67 [S:20] [P:330] Apple juice [S:5] [P:200] Calypso aquajuce 67 [S:12] [P:330]	Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:20] [P:250] [Contains: Milk products] Calypso aquajuce 67 [S:20] [P:330] Apple juice [S:5] [P:200] Calypso aquajuce 67 [S:12] [P:330]	Chicken Breast Salad [S:5] [P:181] Cheese Pannini with Salad [S:15] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:20] [P:250] [Contains: Milk products] Calypso aquajuce 67 [S:20] [P:330] Apple juice [S:5] [P:200] Calypso aquajuce 67 [S:12] [P:330]	Chicken Breast Salad [S:5] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:20] [P:250] [Contains: Milk products] Calypso aquajuce 67 [S:20] [P:330] Apple juice [S:5] [P:200] Calypso aquajuce 67 [S:12] [P:330]

**Brown bread [S:35]
[P:70] [Contains:Gluten
(Barley), Gluten (Oats),
Gluten (Rye), Gluten
(Wheat), Soybeans]**

**Brown bread [S:20]
[P:70] [Contains:Gluten
(Barley), Gluten (Oats),
Gluten (Rye), Gluten
(Wheat), Soybeans]**

**Brown bread [S:20]
[P:70] [Contains:Gluten
(Barley), Gluten (Oats),
Gluten (Rye), Gluten
(Wheat), Soybeans]**

**Brown bread [S:20]
[P:70] [Contains:Gluten
(Barley), Gluten (Oats),
Gluten (Rye), Gluten
(Wheat), Soybeans]**

**Brown bread [S:20]
[P:70] [Contains:Gluten
(Barley), Gluten (Oats),
Gluten (Rye), Gluten
(Wheat), Soybeans]**

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup [S:20] [P:250] [Contains:Celery and celeriac] Red pepper and tomato soup [S:20] [P:200] [Contains:Celery and celeriac]	Lentil soup [S:20] [P:250] [Contains:Celery and celeriac] Chicken noodle soup [S:20] [P:185] [Contains:Celery and celeriac, Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Lentil soup [S:20] [P:250] [Contains:Celery and celeriac] Creamed carrot soup [S:20] [P:231] [Contains:Celery and celeriac, Milk products]	Lentil soup [S:20] [P:250] [Contains:Celery and celeriac] Vegetable soup [S:20] [P:250] [Contains:Celery and celeriac]	Lentil soup [S:20] [P:250] [Contains:Celery and celeriac] Curried parsnip soup [S:20] [P:250] [Contains:Celery and celeriac, Mustard]
Mains	Spaghetti Bolognese [S:20] [P:375] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Garlic and herb bread [S:20] [P:64] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Cheese and tomato pizza [S:20] [P:107] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Sweetcorn [S:20] [P:80] Baked potato & cheese [S:20] [P:210] [Contains:Milk products] Coleslaw [S:20] [P:60] [Contains:Egg] side salad [S:20] [P:113] Beetroot and onion salad [S:5] [P:53]	Quorn curry [S:20] [P:188] [Contains:Egg, Milk products, Mustard] Rice (cooked) [S:20] [P:150] Baby carrots [S:40] [P:80] Potato wedges [S:20] [P:125] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Baked Potato and Tuna [S:20] [P:307] [Contains:Egg, Fish, Milk products] Coleslaw [S:20] [P:60] [Contains:Egg] side salad [S:20] [P:113] Beetroot and onion salad [S:5] [P:53] Fish pie [S:20] [P:261] [Contains:Fish, Milk products]	Mac-cheese meal [S:20] [P:469] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Mustard] Veggie Bol [S:20] [P:100] Potato wedges [S:20] [P:125] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] BAKED POTATO & EGG MAYO [S:20] [P:330] [Contains:Egg, Milk products] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains:Egg] Curly kale [S:50] [P:80] Beetroot and onion salad [S:5] [P:53]	Roast Beef and Yorkshire Pudding(Glas) [S:20] [P:172] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Boiled new potatoes [S:25] [P:190] Cabbage [S:20] [P:80] Chicken Breast Fillet Portion 57g [S:20] [P:51] black bean sauce [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Sesame seeds, Soybeans] Noodles [S:20] [P:180] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Baked Potato Tuna & Sweetcorn [S:20] [P:280] [Contains:Fish, Milk products] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains:Egg] Beetroot and onion salad [S:5] [P:53]	Breaded fish meal [S:20] [P:338] [Contains:Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Chicken Goujon Wrap [S:20] [P:217] [Contains:Celery and celeriac, Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Peas [S:20] [P:80] Baked Potato & Beans [S:20] [P:260] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains:Egg] Beetroot and onion salad [S:5] [P:53]
Sweet	Sponge cake [S:20] [P:65] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Custard [S:20] [P:125] [Contains:Milk products] Fresh fruit salad [S:20] [P:178]	Fresh fruit salad [S:20] [P:178] Blueberry muffins [S:20] [P:45] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Scones [S:20] [P:93] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Apple pie [S:20] [P:140] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Sulphites] Single cream [S:20] [P:40] [Contains:Milk products] Fresh fruit salad [S:20] [P:178]	Fresh fruit salad [S:20] [P:178] Custard cream [S:35] [P:78] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Scones [S:15] [P:93] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Iced Gingerbread-HB (Glas) [S:20] [P:58] [Contains:Egg, Gluten (Barley), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Custard [S:20] [P:125] [Contains:Milk products] Fresh fruit salad [S:20] [P:178]
Sandwich	Brown Roll & Turkey Salad [S:5] [P:160] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:10] [P:181] Cheese Pannini with Salad [S:10] [P:250] [Contains:Gluten (Barley), Gluten (Oats),	Brown Roll & Turkey Salad [S:5] [P:160] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains:Gluten (Barley), Gluten (Oats),	Brown Roll & Turkey Salad [S:5] [P:160] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains:Gluten (Barley), Gluten (Oats),	Brown Roll & Turkey Salad [S:5] [P:160] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains:Gluten (Barley), Gluten (Oats),	Brown Roll & Turkey Salad [S:5] [P:160] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains:Gluten (Barley), Gluten (Oats),

Sundries

Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Calypso aquajuce 67 [S:10] [P:330] Calypso aquajuce 67 [S:10] [P:330] Strawberry yoghurt drink [S:15] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]	Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Calypso aquajuce 67 [S:10] [P:330] Calypso aquajuce 67 [S:10] [P:330] Strawberry yoghurt drink [S:15] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]	Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:10] [P:300] [Contains:Milk products] Water [S:20] [P:150] Calypso aquajuce 67 [S:10] [P:330] Calypso aquajuce 67 [S:10] [P:330] Strawberry yoghurt drink [S:15] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]	Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:10] [P:300] [Contains:Milk products] Water [S:20] [P:150] Calypso aquajuce 67 [S:10] [P:330] Calypso aquajuce 67 [S:10] [P:330] Strawberry yoghurt drink [S:15] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]	Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Milk [S:10] [P:300] [Contains:Milk products] Water [S:20] [P:150] Calypso aquajuce 67 [S:10] [P:330] Calypso aquajuce 67 [S:10] [P:330] Strawberry yoghurt drink [S:15] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]
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	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Potato soup [S:20] [P:250] [Contains: Celery and celeriac]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Parsnip and sweet pepper soup [S:20] [P:288] [Contains: Celery and celeriac] Chicken chow mein [S:20] [P:310] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Beefburger in a Bun [S:20] [P:88] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans, Sulphites] Baked Potato and Tuna [S:20] [P:307] [Contains: Egg, Fish, Milk products] Coleslaw [S:20] [P:60] [Contains: Egg] side salad [S:20] [P:113] Potato croquettes [S:20] [P:108] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Curly kale [S:35] [P:80]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Chicken and rice soup [S:20] [P:300] [Contains: Celery and celeriac] Chilli mince [S:20] [P:160] Salmon strips [S:20] [P:63] [Contains: Fish] Vol au vent cases [S:20] [P:13] [Contains: Gluten (Wheat), Milk products] BAKED POTATO & EGG MAYO [S:20] [P:330] [Contains: Egg, Milk products] Rice (cooked) [S:20] [P:150] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Spinach [S:25] [P:80]	Lentil soup [S:15] [P:250] [Contains: Celery and celeriac] Broccoli soup [S:20] [P:250] [Contains: Celery and celeriac, Milk products] Pork & Bramley apple meatballs 12g [S:20] [P:54] [Contains: Egg, Gluten (Wheat)] Creamy vegetable pasta [S:20] [P:469] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Baked Potato Tuna & Sweetcorn [S:20] [P:280] [Contains: Fish, Milk products] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Sliced green beans [S:20] [P:80] Potato croquettes [S:20] [P:108] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Curly kale [S:40] [P:80]	Lentil soup [S:20] [P:250] [Contains: Celery and celeriac] Tomato soup [S:20] [P:250] [Contains: Celery and celeriac] Breaded fish meal [S:20] [P:338] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Chicken Fillet, roast skinless [S:20] [P:1] Hot dog roll [S:20] [P:80] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Baked Potato & Beans [S:20] [P:260] Baked beans [S:20] [P:90] side salad [S:25] [P:113] Chips [S:20] [P:150] Coleslaw [S:30] [P:60] [Contains: Egg] Baby carrots [S:20] [P:80]
Mains	Sweet chilli and garlic sauce for noodles [S:20] [P:78] Noodles [S:20] [P:180] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Chicken tikka wrap [S:20] [P:194] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Mustard] Baked potato & cheese [S:20] [P:210] [Contains: Milk products] Coleslaw [S:20] [P:60] [Contains: Egg] side salad [S:20] [P:113] Roasted vegetables [S:20] [P:49] Spinach [S:45] [P:80]	Coleslaw [S:20] [P:60] [Contains: Egg] side salad [S:20] [P:113] Potato croquettes [S:20] [P:108] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Curly kale [S:35] [P:80]	Chilli mince [S:20] [P:160] Salmon strips [S:20] [P:63] [Contains: Fish] Vol au vent cases [S:20] [P:13] [Contains: Gluten (Wheat), Milk products] BAKED POTATO & EGG MAYO [S:20] [P:330] [Contains: Egg, Milk products] Rice (cooked) [S:20] [P:150] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Spinach [S:25] [P:80]	Pork & Bramley apple meatballs 12g [S:20] [P:54] [Contains: Egg, Gluten (Wheat)] Creamy vegetable pasta [S:20] [P:469] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Baked Potato Tuna & Sweetcorn [S:20] [P:280] [Contains: Fish, Milk products] side salad [S:20] [P:113] Coleslaw [S:20] [P:60] [Contains: Egg] Sliced green beans [S:20] [P:80] Potato croquettes [S:20] [P:108] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Curly kale [S:40] [P:80]	Breaded fish meal [S:20] [P:338] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)] Chicken Fillet, roast skinless [S:20] [P:1] Hot dog roll [S:20] [P:80] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Baked Potato & Beans [S:20] [P:260] Baked beans [S:20] [P:90] side salad [S:25] [P:113] Chips [S:20] [P:150] Coleslaw [S:30] [P:60] [Contains: Egg] Baby carrots [S:20] [P:80]
Sweet	Fresh fruit salad [S:20] [P:178] Oatie biscuits [S:35] [P:76] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Scones [S:30] [P:55] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Fresh fruit salad [S:20] [P:178] Jelly [S:20] [P:75]	Fresh fruit salad [S:20] [P:178] Scones [S:30] [P:55] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Oatie biscuits [S:35] [P:76] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]	Steamed sponge [S:20] [P:64] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Custard [S:20] [P:125] [Contains: Milk products]	Fresh fruit salad [S:20] [P:178] Scones [S:15] [P:55] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Oatie biscuits [S:15] [P:76] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]
Sandwich	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Chicken Breast Salad [S:15] [P:181] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Chicken Breast Salad [S:15] [P:181] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Chicken Breast Salad [S:15] [P:181] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Chicken Breast Salad [S:15] [P:181] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Chicken Breast Salad [S:15] [P:181] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Chicken Breast Salad [S:15] [P:181] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Chicken Breast Salad [S:15] [P:181] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]	Brown Roll & Turkey Salad [S:5] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans] Cheese Pannini with Salad [S:5] [P:250] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sesame seeds] Chicken Breast Salad [S:15] [P:181] Salmon and Cucumber Baguette (Glas) [S:5] [P:159] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Sulphites] Chicken Breast Salad [S:15] [P:181] Pizzini [S:5] [P:1] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products] Tuna & red onion wrap [S:5] [P:170] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]

Sundries

Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Strawberry yoghurt drink [S:10] [P:100] [Contains:Milk products] Brown bread [S:20] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Calypso aquajjuice 67 [S:15] [P:330] Calypso aquajjuice 67 [S:15] [P:330] Melon Grape & Kiwi Fruit Pot [S:15] [P:100]	Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Strawberry yoghurt drink [S:10] [P:100] [Contains:Milk products] Brown bread [S:15] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Calypso aquajjuice 67 [S:15] [P:330] Calypso aquajjuice 67 [S:15] [P:330] Melon Grape & Kiwi Fruit Pot [S:15] [P:100]	Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Strawberry yoghurt drink [S:10] [P:100] [Contains:Milk products] Brown bread [S:15] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Calypso aquajjuice 67 [S:15] [P:330] Calypso aquajjuice 67 [S:15] [P:330] Melon Grape & Kiwi Fruit Pot [S:15] [P:100]	Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Strawberry yoghurt drink [S:10] [P:100] [Contains:Milk products] Brown bread [S:15] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Calypso aquajjuice 67 [S:15] [P:330] Calypso aquajjuice 67 [S:15] [P:330] Melon Grape & Kiwi Fruit Pot [S:15] [P:100]	Milk [S:15] [P:300] [Contains:Milk products] Water [S:20] [P:150] Strawberry yoghurt drink [S:10] [P:100] [Contains:Milk products] Brown bread [S:15] [P:72] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans] Calypso aquajjuice 67 [S:15] [P:330] Calypso aquajjuice 67 [S:15] [P:330] Melon Grape & Kiwi Fruit Pot [S:15] [P:100]
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