

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	<p>Lentil and carrot soup [S:25] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:10] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Leek and potato soup [S:15] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:10] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Chicken noodle soup [S:15] [P:200] [Contains: Celery and celeriac, Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Crudities [S:10] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Vegetable soup [S:15] [P:190] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Crudities [S:10] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Tomato soup [S:15] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:10] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>
Mains	<p>Steak pie meal [S:35] [P:314] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Tomato pasta meal [S:20] [P:375] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>BAKED POTATO & EGG MAYO [S:35] [P:330] [Contains: Egg, Milk products]</p> <p>Basic mixed salad [S:20] [P:175]</p>	<p>Chicken curry meal [S:30] [P:240] [Contains: Celery and celeriac, Mustard]</p> <p>Haggis, neeps and tatties [S:35] [P:355] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Baked Potato & Cheese [S:30] [P:210] [Contains: Milk products]</p> <p>Basic mixed salad [S:20] [P:175]</p>	<p>spaghetti bolognese meal [S:25] [P:350] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Pizza meal [S:40] [P:252] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>baked potato with coleslaw [S:20] [P:235] [Contains: Egg, Milk products]</p> <p>Basic mixed salad [S:20] [P:175]</p>	<p>Mac-cheese meal [S:25] [P:375] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Mustard]</p> <p>Chicken fajitas [S:30] [P:140] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Potato waffles [S:30] [P:100]</p> <p>Baked Potato and Tuna [S:20] [P:330] [Contains: Egg, Fish, Milk products]</p> <p>Broccoli [S:50] [P:80]</p> <p>Basic mixed salad [S:20] [P:175]</p>	<p>Breaded fish meal [S:20] [P:270] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Chicken [S:25] [P:45]</p> <p>Chips [S:30] [P:95]</p> <p>Baked beans [S:30] [P:90]</p> <p>Baked Potato & Beans [S:30] [P:260]</p> <p>Spinach [S:30] [P:80]</p> <p>Basic mixed salad [S:20] [P:175]</p>
Sweet	<p>Carrot cake [S:30] [P:80] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Custard [S:30] [P:100] [Contains: Milk products]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Oaties [S:20] [P:40] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Empire biscuits [S:20] [P:57] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Apple crumble [S:20] [P:100] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Custard [S:20] [P:100] [Contains: Milk products]</p>	<p>Frozen Yoghurt (Glas) [S:20] [P:100] [Contains: Milk products]</p>
Sandwich	<p>Cheddar cheese lowfat-salt sandwich [S:10] [P:126] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Ham salad sandwich lowfat [S:5] [P:202] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Tuna sandwich low salt [S:15] [P:136] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Turkey Salad Wrap [S:20] [P:154] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p>	<p>Egg Mayo Sandwich Brown [S:25] [P:93] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>
Sundries	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:25] [P:100] [Contains: Milk products]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:30] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:30] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	<p>Chicken and rice soup [S:30] [P:200] [Contains:Celery and celeriac]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains:Egg, Milk products]</p>	<p>Lentil and carrot soup [S:15] [P:200] [Contains:Celery and celeriac]</p> <p>Crudities [S:25] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:5] [P:45] [Contains:Egg, Milk products]</p>	<p>Vegetable soup [S:15] [P:190] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:5] [P:45] [Contains:Egg, Milk products]</p>	<p>Tomato soup [S:20] [P:200] [Contains:Celery and celeriac]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:10] [P:21] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains:Egg, Milk products]</p>	<p>Broccoli soup [S:15] [P:200] [Contains:Celery and celeriac, MILK products]</p> <p>Breadsticks [S:10] [P:21] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Crudities [S:20] [P:80]</p> <p>Garlic mayo dip [S:5] [P:45] [Contains:Egg, Milk products]</p>
Mains	<p>Roast turkey meal [S:30] [P:315] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Vegetable Pasta Bake and Garlic Bread (Glas) [S:30] [P:143] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Baked Potato & Coleslaw [S:20] [P:250] [Contains:Egg, Milk products]</p> <p>Broccoli [S:40] [P:80]</p> <p>Basic mixed salad [S:30] [P:77]</p>	<p>Chilli meal [S:25] [P:310]</p> <p>Chicken pie meal [S:30] [P:308] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Basic mixed salad [S:30] [P:77]</p> <p>BAKED POTATO & EGG MAYO [S:20] [P:330] [Contains:Egg, Milk products]</p> <p>Baked Potato & Chilli [S:20] [P:193]</p>	<p>Mac-cheese meal [S:30] [P:375] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Mustard]</p> <p>salmon fishfinger meal [S:25] [P:210] [Contains:Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Basic mixed salad [S:30] [P:77]</p> <p>Baked Potato Tuna & Sweetcorn [S:25] [P:280] [Contains:Fish, Milk products]</p>	<p>Sweet and sour chicken [S:30] [P:120] [Contains:Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Rice (cooked) [S:30] [P:120]</p> <p>Beef Burger Roll [S:30] [P:109] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Sulphites]</p> <p>side salad [S:20] [P:90]</p> <p>Potato wedges [S:30] [P:100]</p> <p>Basic mixed salad [S:30] [P:77]</p> <p>Curly kale [S:30] [P:80]</p> <p>BAKED POTATO & EGG MAYO [S:25] [P:330] [Contains:Egg, Milk products]</p>	<p>Breaded fish meal [S:30] [P:270] [Contains:Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>pork link roll meal [S:25] [P:263] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans, Sulphites]</p> <p>Baked Potato & Beans [S:25] [P:260]</p> <p>Basic mixed salad [S:25] [P:77]</p>
Sweet	<p>Sticky toffee pudding [S:20] [P:91] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Oaties [S:20] [P:40] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Custard [S:20] [P:100] [Contains:Milk products]</p> <p>Iced sponge cake [S:20] [P:95] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Empire biscuits [S:20] [P:39] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Ice Cream, value strawberry [S:30] [P:150] [Contains:Milk products]</p>
Sandwich	<p>Cheddar cheese lowfat-salt sandwich [S:20] [P:126] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Ham salad sandwich lowfat [S:25] [P:202] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Tuna sandwich low salt [S:20] [P:136] [Contains:Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Iced sponge cake [S:30] [P:95] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>SANDWICH TURKEY SALAD [S:15] [P:192] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>	<p>Egg Mayo Roll Brown [S:20] [P:107] [Contains:Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p>
Sundries	<p>Milk [S:20] [P:189] [Contains:Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:25] [P:100] [Contains:Milk products]</p> <p>Calypso aquajuce 67 [S:15] [P:185]</p> <p>Orange juice [S:20] [P:200]</p> <p>Brown bread [S:25] [P:36] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p> <p>Calypso aquajuce 67 [S:15] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains:Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains:Milk products]</p> <p>Brown bread [S:20] [P:36] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p> <p>Calypso aquajuce 67 [S:15] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains:Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains:Milk products]</p> <p>Calypso aquajuce 67 [S:15] [P:185]</p> <p>Orange juice [S:20] [P:200]</p> <p>Brown bread [S:20] [P:36] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p>	<p>Milk [S:20] [P:189] [Contains:Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains:Milk products]</p> <p>Calypso aquajuce 67 [S:15] [P:185]</p> <p>Orange juice [S:20] [P:200]</p> <p>Brown bread [S:20] [P:36] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p>	<p>Milk [S:20] [P:189] [Contains:Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains:Milk products]</p> <p>Brown bread [S:20] [P:36] [Contains:Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p> <p>Calypso aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	<p>Potato soup [S:15] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:5] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Chicken and rice soup [S:10] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:5] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Lentil and carrot soup [S:35] [P:200] [Contains: Celery and celeriac]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:5] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Vegetable soup [S:15] [P:190] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:5] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>	<p>Chicken noodle soup [S:15] [P:150] [Contains: Celery and celeriac, Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Crudities [S:20] [P:80]</p> <p>Breadsticks [S:5] [P:21] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic mayo dip [S:10] [P:45] [Contains: Egg, Milk products]</p>
Mains	<p>Minced beef pie [S:25] [P:180] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Mashed potato [S:20] [P:130]</p> <p>Chicken fajitas [S:35] [P:140] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Potato wedges [S:20] [P:100]</p> <p>Baked potato & cheese [S:30] [P:210] [Contains: Milk products]</p> <p>Basic mixed salad [S:20] [P:77]</p> <p>Baked beans [S:40] [P:90]</p>	<p>Vegeburger [S:35] [P:60]</p> <p>Tortilla wrap [S:35] [P:40] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Baked Potato and Tuna [S:30] [P:230] [Contains: Egg, Fish, Milk products]</p> <p>Basic mixed salad [S:20] [P:77]</p> <p>Curly kale [S:35] [P:80]</p> <p>Salmon fish cakes [S:15] [P:120] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Soybeans]</p> <p>Mashed potato [S:15] [P:130]</p>	<p>Chicken casserole [S:30] [P:160] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Mashed potato [S:20] [P:130]</p> <p>Broccoli [S:40] [P:80]</p> <p>Pannini with cheese & side salad [S:25] [P:340] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Baked Potato & Coleslaw [S:25] [P:250] [Contains: Egg, Milk products]</p> <p>Basic mixed salad [S:20] [P:77]</p>	<p>Lasagne [S:30] [P:145] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Vegetable stir fry [S:30] [P:110] [Contains: Celery and celeriac, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Garlic and herb bread [S:30] [P:64] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Baked Potato & Coronation Chicken [S:20] [P:306] [Contains: Egg, Milk products, Mustard]</p> <p>Noodles [S:25] [P:120] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Cabbage [S:30] [P:80]</p> <p>Basic mixed salad [S:20] [P:77]</p>	<p>Breaded fish meal [S:55] [P:270] [Contains: Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Sausage meal [S:15] [P:230] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Sulphites]</p> <p>Baked Potato & Beans [S:25] [P:260]</p> <p>Basic mixed salad [S:20] [P:77]</p>
Sweet	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Apple crumble [S:20] [P:100] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p> <p>Custard [S:20] [P:100] [Contains: Milk products]</p>	<p>RICE PUDDING & PEARS [S:20] [P:315] [Contains: Milk products]</p> <p>Fresh fruit salad [S:30] [P:142]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Oatles [S:20] [P:40] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Fresh fruit salad [S:30] [P:142]</p> <p>Chocolate sponge [S:20] [P:45] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products]</p>	<p>Jelly [S:30] [P:60]</p> <p>Fresh fruit salad [S:30] [P:142]</p>
Sandwich	<p>Cheddar cheese lowfat-salt sandwich [S:10] [P:126] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Beetroot [S:10] [P:40]</p> <p>Coleslaw [S:10] [P:65] [Contains: Egg, Milk products]</p>	<p>Beetroot [S:10] [P:40]</p> <p>Turkey Salad Wrap [S:20] [P:154] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat)]</p> <p>Coleslaw [S:10] [P:65] [Contains: Egg, Milk products]</p>	<p>Tuna sandwich low salt [S:5] [P:136] [Contains: Egg, Fish, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Beetroot [S:10] [P:40]</p> <p>Coleslaw [S:10] [P:65] [Contains: Egg, Milk products]</p>	<p>Ham salad sandwich lowfat [S:20] [P:202] [Contains: Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Beetroot [S:10] [P:40]</p> <p>Coleslaw [S:10] [P:65] [Contains: Egg, Milk products]</p>	<p>Egg Mayo Roll Brown [S:5] [P:107] [Contains: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Gluten (Wheat), Milk products, Soybeans]</p> <p>Beetroot [S:10] [P:40]</p> <p>Coleslaw [S:10] [P:65] [Contains: Egg, Milk products]</p>
Sundries	<p>Milk [S:15] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypto aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:15] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypto aquajuce 67 [S:30] [P:185]</p> <p>Orange juice [S:30] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypto aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:30] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypto aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>	<p>Milk [S:20] [P:189] [Contains: Milk products]</p> <p>Water [S:20] [P:330]</p> <p>Strawberry yoghurt drink [S:20] [P:100] [Contains: Milk products]</p> <p>Calypto aquajuce 67 [S:20] [P:185]</p> <p>Orange juice [S:20] [P:200]</p>