Recipe ref.	Recipe	Allergens	Celery	Gluten	Crustaceans	Molluscs	Fish	Eggs	Lupin	Milk	Mustard	Nuts	Peanuts	Sesame	Soya	SO2
1	Apple or Pear crumble	Y		B,O,W						x						
2	Baked potato & beans	N														
3	Baked potato & cheese	Y								x						
4	Baked potato & home-made coleslaw	Y						x								
5	Baked potato & bought-in coleslaw	Y	x	B,W						x	x				x	x
6	Baked potato & tuna	Y					x	x								
7	Beef burger roll with cheese	Y		W						x				x		
8	Breaded fish & chips	Y		W			x									
9	Breadsticks	Y		W												
10	Carrot cake	Y		W				x		x						
11	Cheese salad roll & sandwich	Y		W						x					x	
12	Sandwich, rolls & wrap products	Y		W											x	
13	Chicken & rice soup	Y	x													
14	Chicken burger	Y		W						x				x		
15	Chicken Curry & Rice	N														
16	Chicken fajitas	Y	x	W												
17	Chicken noodle soup	Y	x	W				x							x	
18	Chicken pie	Y		W				x		x					x	
19	Chocolate sponge	Y		W				x		x						
20	Home-made coleslaw	Y						x								
21	Bought-in coleslaw	Y	x	B,W						x	x				x	x
22	Condiments	Y	x	B,W											x	
23	Crudities	N														
24	Custard	Y								x						
25	Egg mayo	Y						x								
26	Fresh fruit salad	N														
27	Frozen yogurt	Y								x						
28	Fruit smoothie	N														
29	Fruity flapjack	Y		B,O,W												
30	Gammon salad roll	Y		W												
31	Gammon salad sandwich	Y		W											x	
32	Garlic & herb bread	Y		W						x					x	
33	Garlic Mayo dip	Y						x								
34	Haggis, neeps & tatties	Y		O												
35	Iced gingerbread	Y		W				x		x						x
36	Iced sponge	Y		W				x		x						
37	Jelly & fruit	N														
38	Kashmiri chicken curry & rice	Y									x					
39	Lentil Soup	Y	x													
40	Macaroni cheese	Y	x	W						x	x					
41	Mince pie	Y	x	B,W				x							x	
42	Natural yogurt	Y								x						
43	Paprika chicken goulash	Y	x	W												
44	Pasta bolognese	Y	x	W												
45	Pizza	Y		W						x						
46	Pork beano meal	Y		W												x
47	Potato & leek soup (fresh veg)	Y	x													
48	Potato & leek soup (veg soup mix)	Y	x													x
49	Potato products	Y		W												

50	Pulled pork, savoury rice & tortilla wrap	Y	x	W												
51	Quorn chilli mince wrap	Y	x	W				x								
52	Quorn nuggets	Y		W				x		x						
53	Rice pudding & mandarin oranges	Y								x						
54	Roast turkey meal	Y		W						x					x	
55	Salmon fish fingers	Y		W			x									
56	Sausage casserole	Y		B,W											x	x
57	Steak pie	Y	x	B,W				x							x	
58	Tomato Mascarpone pasta	Y	x	W						x						
59	Tomato soup	Y	x													
60	Tuna mayonnaise	Y					x	x								
61	Turkey salad sandwich / wrap	Y		W											x	
62	Vegeballs	Y		B,W											x	
63	Vegetable pasta	Y	x	W												
64	Vegetable soup	Y	x													
65	Frozen vegetables	N														
66	Yoghurt & raisins	Y								x						
67	Hot dog style roll	Y		W												x