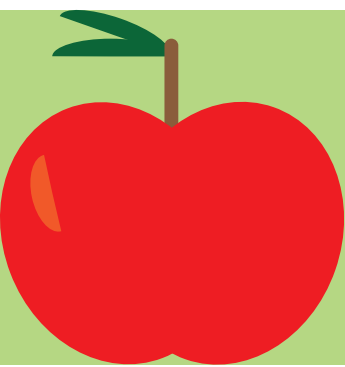
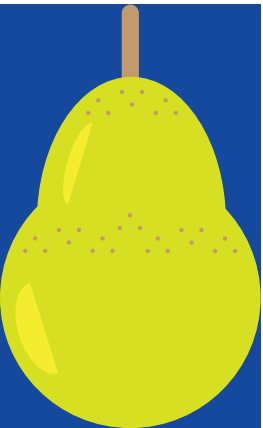


SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2023/2024

WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup Potato & leek soup	Lentil soup Tomato & red pepper soup	Lentil soup Chicken noodle soup	Lentil soup Chicken & rice soup	Lentil soup
Mains option 1	Cheese & tomato pizza tugo	Beef mince	Chicken curry, boiled rice & chapati	Steak pie	Breaded fish
Mains option 2	Vegetarian meatballs	Macaroni cheese & garlic bread	Veggie pasta	Spicy veg noodles	Pasta bolognese
Veg	Peas, potato wedges & salad bar	Mixed veg, mashed potato & salad bar	Peas, sweetcorn & salad bar	Oven roast potatoes, green beans & salad bar	Chips, beans, coleslaw & salad bar
Sweet	Self-service fruit bar available daily				

Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings
 Paninis, pizzinis, toasties, subs & pizzas
 Baked potatoes
 Pots to go
 Salad bar
Check the menu board for daily specials



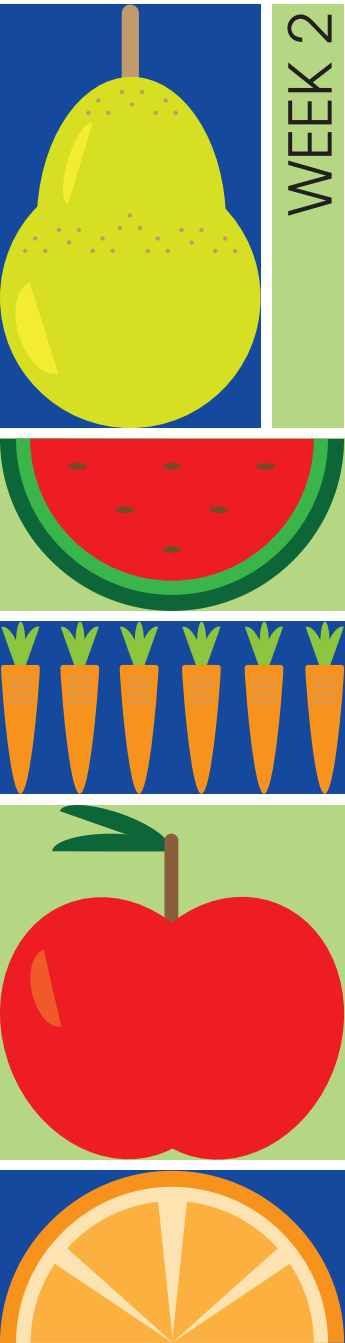
Scan here to see the dates for each weekly menu and allergen information





















- Vegetarian

- Vegan

SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2023/2024

WEEK 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup  Cream of broccoli soup 	Lentil soup  Yellow split pea soup 	Lentil soup  Curried butternut & sweet potato soup 	Lentil soup  Chicken & rice soup	Lentil soup 
Mains option 1	Fish cakes	Roast beef & yorkshire pudding	Kashmiri quorn curry & boiled rice 	Macaroni cheese & garlic bread 	Breaded fish
Mains option 2	Tomato pasta & garlic bread 	Quorn lasagne & garlic bread 	Vegetarian stir-fry noodles 	Beef nachos Quorn nachos 	Sausage casserole
Veg	Potato wedges, sweetcorn & salad bar 	Mashed potato, carrots & salad bar 	Potato wedges, peas & salad bar 	Broccoli, sweetcorn & salad bar 	Chips, beans, coleslaw & salad bar 
Sweet	Self-service fruit bar available daily 				

Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings
Paninis, pizzinis, toasties, subs & pizzas
Baked potatoes
Pots to go
Salad bar
Check the menu board for daily specials



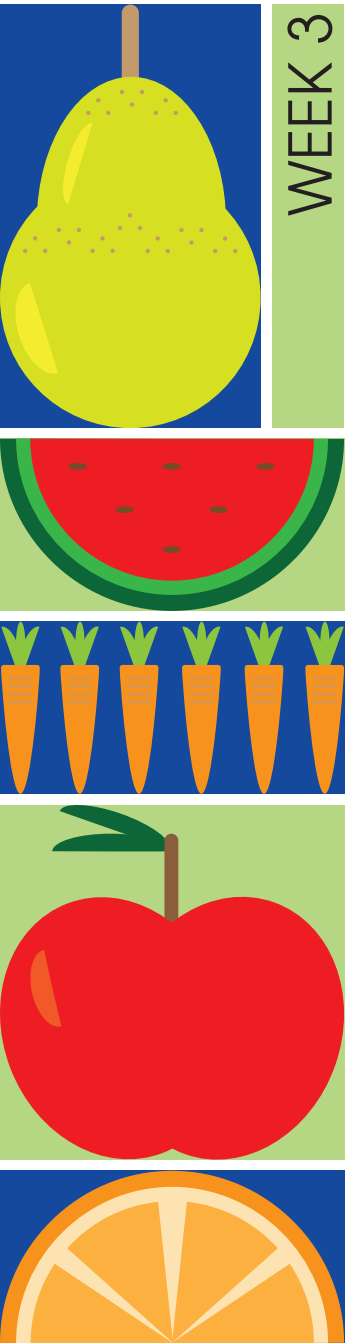
Scan here to see the dates for each weekly menu and allergen information

















 - Vegetarian

 - Vegan

SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2023/2024

WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup  Tomato & red pepper soup 	Lentil soup  Mushroom soup 	Lentil soup  Chicken noodle soup	Lentil soup  Chicken & rice soup	Lentil soup 
Mains option 1	Macaroni cheese 	Steak pie	Chicken curry & boiled rice	Lasagne	Breaded fish
Mains option 2	Fish goujons	Quorn chilli wraps 	Tomato & mascarpone pasta & garlic bread 	Chicken tortillas	Chicken goujons
Veg	Potato wedges, peas, baby carrots & salad bar 	Mashed potato, broccoli & salad bar 	Roast vegetables & salad bar 	Potato wedges, sweetcorn & salad bar 	Chips, beans, coleslaw & salad bar 
Sweet	Self-service fruit bar available daily 				

Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings
Paninis, pizzinis, toasties, subs & pizzas
Baked potatoes
Pots to go
Salad bar
Check the menu board for daily specials

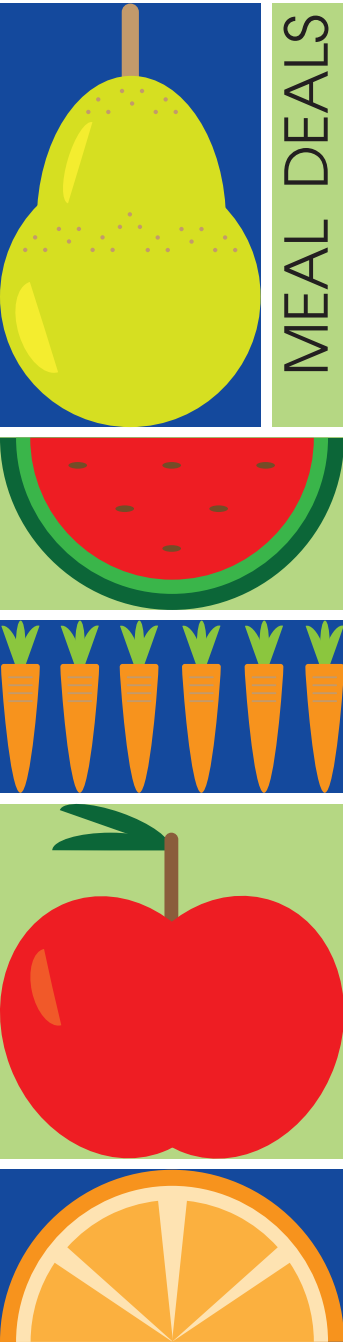


Scan here to see the dates for each weekly menu and allergen information

 - Vegetarian

 - Vegan

SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2023/2024



MEAL DEALS

Margherita pizza	Salad	Piece of fruit	Water, slushy or Radnor Splash
Pepperoni pizza	Salad	Piece of fruit	Water, slushy or Radnor Splash
Pizzini	Salad	Piece of fruit	Water, slushy or Radnor Splash
Tomato & mascarpone pasta	Salad	Piece of fruit	Water, slushy or Radnor Splash
Fish finger sub	Salad	Piece of fruit	Water, slushy or Radnor Splash
Quorn burger sub	Salad	Piece of fruit	Water, slushy or Radnor Splash



Scan here to see the dates for each weekly menu and allergen information