

SOUTH AYRSHIRE SCHOOL MENU 2023/2024

PRIMARY



Scan here to see the dates for each weekly menu and allergen information



Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup ✓	Farmhouse soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
Mains	Veggie balls ✓ Cheese & tomato pizza ✓	Mac & cheese with garlic bread ✓ Mince & tatties	Baked potato with cheese ✓ or tuna Chicken curry & rice	Quorn nuggets ✓ Steak pie	Breaded fish & chips Pasta bolognese
Dessert	Fresh fruit ✓	Apple crumble & custard ✓ Fresh fruit ✓	Fresh fruit ✓	Apple & raspberry sponge & custard ✓ Fresh fruit ✓	Ice cream ✓ Fresh fruit ✓
Sandwich/ Baked Potato	Turkey	Tuna mayo	Cheese ✓	Chicken	Tuna mayo
Sundries	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water

Salad bar available daily ✓

V - Vegetarian

V - Vegan



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Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup	Split pea soup	Lentil soup	Chicken & rice soup	Lentil soup
Mains	Tomato pasta & garlic bread Salmon fish fingers	Quorn lasagne Roast turkey	Kashmiri Quorn curry & rice Beef burger roll	Mac & cheese with garlic bread Beef chilli & rice	Breaded fish & chips Sausage casserole
Dessert	Fresh fruit	Drizzle iced raspberry sponge & custard Fresh fruit	Fresh fruit	Rice pudding & mandarin oranges Fresh fruit	Ice cream Fresh fruit
Sandwich/ Baked Potato	Chicken	Cheese	Turkey	Tuna mayo	Cheese
Sundries	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water
Salad bar available daily					

- Vegetarian

- Vegan

Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup	Farmhouse soup	Lentil soup	Chicken & rice soup	Lentil soup
Mains	Quorn nuggets Mac & cheese with garlic bread	Baked potato with cheese or beans Steak pie	Tomato mascarpone pasta Chicken curry & rice	Cheese & tomato pizza Lasagne	Breaded fish & chips Chicken burger
Dessert	Pineapple upside down sponge & custard Fresh fruit	Fresh fruit	Apple crumble & custard Fresh fruit	Fresh fruit	Frozen yoghurt Fresh fruit
Sandwich/ Baked Potato	Turkey	Cheese	Tuna mayo	Chicken	Savoury cheese
Sundries	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water
Salad bar available daily					