

Alcohol and Drug Service Provision and Support In response to Covid-19

Ayrshire Council on Alcohol (as at 24th March)

ACA office is now closed and all outreach clinics have been suspended at this time.

All individuals have been contacted and are being offered telephone counselling support from their counsellor who will contact them at their appointment time.

ACA will continue to accept new referrals who will be assessed and offered support via telephone.

Staff are fully briefed and the response thus far from both staff and those who use the service has been positive with everyone showing a willingness to work together during these testing times.

Tel: 01292 281238

We Are With You South Ayrshire (as at 24th March)

Following advice from our senior management team we have been advised to stop all groups at the service with immediate effect.

We have also been advised to minimise face to face contact with service users and use phone and social media contact where possible.

The office will be open, but will have a skeleton staff which will rotate to minimise risks.

This action is all based on the advice from our senior management team and continues to be reviewed. Please do not hesitate to contact the service if you have any questions.

Tel: 01292 430529

NHS Addictions Service (as at 24th March)

All group activities have stopped with immediate effect.

New referrals are being accepted with initial screening taking place via telephone.

Face to face support is being offered based on need. Telephone contact is being provided for non-urgent reviews.

Tel: 01292 558900

Take Home Naloxone Kits

Naloxone can temporarily reverse the effects of opioid overdose. Opioids are a group of drugs including heroin, morphine and methadone.

If you, or someone in your household, or someone you know, is at risk make sure you have a naloxone kit available.

Naloxone kits can be accessed by contacting NHS Addictions Service (01292 55890) or We Are With You (01292 430529).

Supporting vulnerable people affected by alcohol or drugs

The ADP are setting up a weekly multiagency coordination meeting to identify high risk vulnerable people affected by alcohol or drug use. For further information email adp@south-ayrshire.gov.uk

South Ayrshire Recovery Activities (SARA) (as at 24th March)

All recovery groups and activities (including Café Hope) in South Ayrshire are cancelled with immediate effect and until further notice.

All of the Peer Group Facilitators will continue to be available during this time for telephone support and will be in touch with you (where we have a current number).

The team are organising daily online check-ins / recovery meetings 7 days a week at 10am and 4pm using the Zoom Meeting platform.

Contact your Group Facilitator for further information on joining online meetings. If you do not have the Facilitators number please call 07851 269202 or email recoveryayr@gmail.com in the first instance.

See www.facebook.com/recoveryayr for other regular updates.

Mutual Aid Online Meetings

Narcotics Anonymous <https://virtual-na.org/meetings/>

Cocaine Anonymous <https://ca.org/meetings/online-meetings>

Alcoholics Anonymous <https://alcoholics-anonymous.eu/online-meetings>

Al Anon <https://al-anon.org/al-anon-meetings/electronic-meetings>

SMART Recovery <https://smartrecovery.org.uk/online-meetings>

Meal Assists (as at 24th March)

Care and Share is currently closed until further notice. Riverside Community Trust (Care & Share) – Food parcels are being offered to those in need, and contact being

made by phone to establish what other help is required. Hotline numbers: 07421 242996 or 07421 242863

Broken Chains and Ayr Baptist Church are currently closed until further notice.

Barnardo's Ayrshire Services (as at 24th March)

In light of recent events (Covid-19) and current Government advice Barnardo's Services will endeavour to operate in a responsive way to enable operational service delivery which ensures the safety and wellbeing of staff (and others) and fits the changing circumstances. Unless you have specific staff members E-mail and mobile number, locally this means the first point of contact should be by E-mail:

southwestservices@barnardos.org.uk

As of 18th March, staff who can work at home are doing so; journeys are essential ones only and direct face to face contact is being risk assessed and reviewed on a regular basis.

- Current service users will be advised of support arrangements by their allocated Barnardo's worker (or manager) and this will be shared with referrer/key people
- Staff and Managers have online access and mobile phones and so are available for calls/E-mails and updates. Where this is not the case, for example, due to sickness absence, out of office alerts should be in place and direct to an available contact point
- Support and supervision arrangements for staff remain in place as do contract compliance measures, policies and procedures etc.
- Where service users have urgent presenting practical needs we will link with local supports, sign post to other services or respond to these as required
- This plan will be reviewed in relation to change in circumstances, Barnardo's organisational and Government guidance