



CHILDREN SERVICES CAYRFEST

There is a large hidden population of young and adult carers in South Ayrshire.

In February 2025, cAyrFest was held to raise awareness and bring together a range of services and organisations who can provide support to carers and families across South Ayrshire. This was in partnership with VASA (Voluntary Action South Ayrshire).

The free event was a celebration of unpaid carers of all ages but was open to everyone to attend. It raised awareness of who an unpaid carer is, and encouraged people to reach out for support. The event challenged stigma and encouraged open conversations about caring and conditions of cared for people.



✔ A range of activities took place including:

- interactive drumming sessions
- balloon animals & magic
- a bike track, archery, and games
- face painting and crafts
- photobooth
- silent disco and cinema
- escape rooms
- wellbeing and mental health activities
- rock painting
- vintage vehicle display
- petting zoo
- free ice-creams and slushies
- climbing wall
- live music
- scavenger hunt

✔ Free refreshments including hot dogs, tea/coffee, water, biscuits, sweetie bags, and popcorn

✔ Free transport to ensure people from across South Ayrshire could attend.

✔ Art exhibition by unpaid carers with the winner having their portrait painted in the Alloway Tunnel mural.