



South Ayrshire  
**COMMUNITY  
PLANNING**  
Partnership



## CHILDREN SERVICES YOUNG CARERS ACTION DAY

### “GIVE ME A BREAK”

The theme for Young Carers Action Day this year was ‘Give me a break!’.

South Ayrshire Health and Social Care Partnership teamed up with young carer charity, Honeypot, to take a group of young carers for a fantastic day out.

They started with a tour of Scottish Parliament in Edinburgh and then participated in the Cross Party group for carers.

The young carers met with Deputy First Minister Kate Forbes and had the opportunity to sit down and talk to her about what it means to be a young carers.

This provided a platform for them to share their stories and raise some of the issues they face as a young carer.

Dynamic Earth kindly provided tickets to young carers and we had a fun afternoon there.



*“We got to ask questions of Kate Forbes so we will hopefully see some changes in the future for young carers. We’ve all had a great day out. Thanks to HSCP (Health and Social Care Partnership) and Honeypot for making this happen”*

*“We have had a fantastic day in Edinburgh. Kate Forbes was very helpful and listened to all of our questions, we also got to go to Dynamic Earth which is somewhere I haven’t been before.”*

