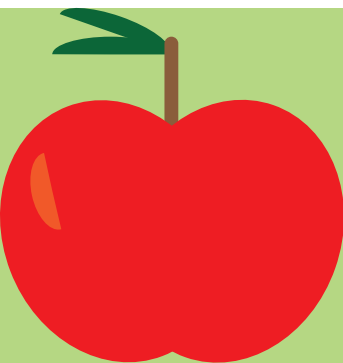
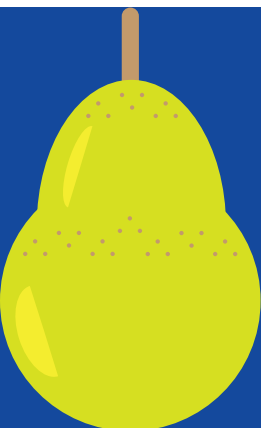


# SOUTH AYRSHIRE ACADEMY SCHOOL MENU 2025/2026

WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓ Potato & leek soup ✓	Lentil soup ✓ Tomato & red pepper soup ✓	Lentil soup ✓ Chicken noodle soup	Lentil soup ✓ Chicken & rice soup	Lentil soup ✓
<b>Mains option 1</b>	Cheese & tomato pizza ✓	Chicken curry & vegetable rice	Beef mince	Steak pie	Breaded fish
<b>Mains option 2</b>	Vegetarian meatballs ✓	Vegan sausage roll ✓	Macaroni cheese & crusty bread ✓	Spicy veg noodles ✓	Lasagne & crusty bread
<b>Veg</b>	Diced garlic & herb potatoes, sweetcorn & salad bar ✓	Potato wedges, mixed veg, beans & salad bar ✓	Mashed potato, peas, carrots & salad bar ✓	Mashed potato, peas & salad bar ✓	Chips, beans, peas coleslaw & salad bar ✓
<b>Sweet</b>	Self-service fruit bar available daily ✓				

## Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings  
Paninis, pizzinis, toasties, subs, hot dogs & pizzas  
Baked potatoes  
Pots to go  
Salad bar  
*Check the menu board for daily specials*

## Key

**V** - Vegetarian

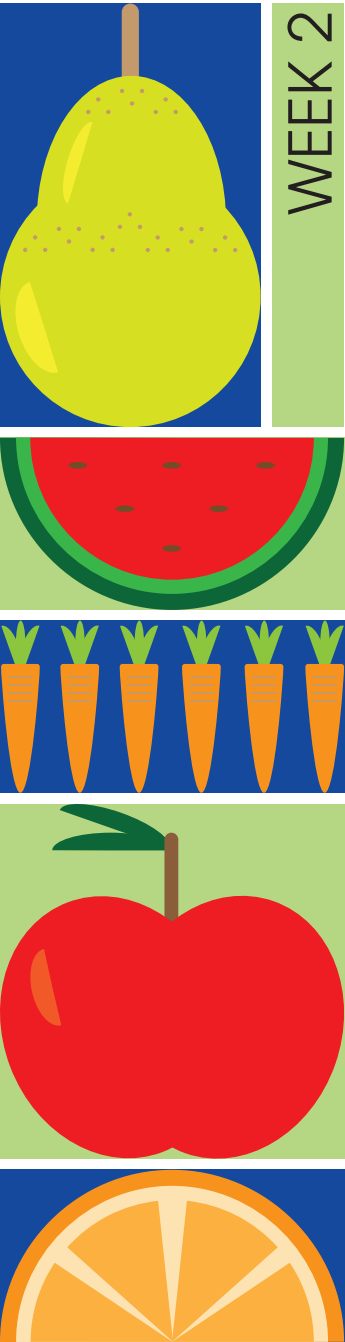
**V** - Vegan



Scan here to see the dates for each weekly menu and allergen information

# SOUTH AYRSHIRE ACADEMY SCHOOL MENU 2025/2026

WEEK 2



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup Cream of broccoli soup	Lentil soup Curried butternut & sweet potato soup	Lentil soup Potato & leek soup	Lentil soup Chicken & rice soup	Lentil soup
<b>Mains option 1</b>	Cheese & tomato pizza	Roast turkey & yorkshire pudding	Kashmiri quorn curry & vegetable rice	Fish cakes	Breaded fish
<b>Mains option 2</b>	Macaroni cheese & crusty bread	Quorn lasagne & crusty bread	Beef burger	Beef nachos Quorn nachos	Sausage casserole
<b>Veg</b>	Diced garlic & herb potatoes, peas, beans & salad bar	Mashed potato, mixed veg & salad bar	Potato wedges, sweetcorn, beans & salad bar	Garlic & herb potato wedges, peas, sweetcorn & salad bar	Chips, beans, peas coleslaw & salad bar
<b>Sweet</b>	Self-service fruit bar available daily				

## Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings  
 Paninis, pizzinis, toasties, subs, hot dogs & pizzas  
 Baked potatoes  
 Pots to go  
 Salad bar  
*Check the menu board for daily specials*

## Key

- Vegetarian

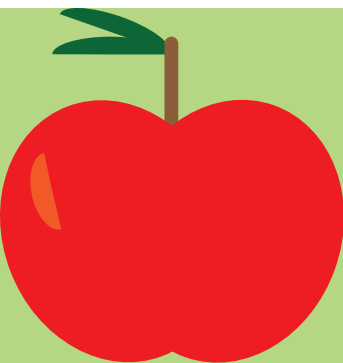
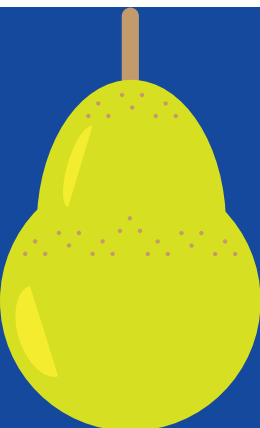
- Vegan



Scan here to see the dates for each weekly menu and allergen information

# SOUTH AYRSHIRE ACADEMY SCHOOL MENU 2025/2026

WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓ Tomato & red pepper soup ✓	Lentil soup ✓ Potato & leek soup ✓	Lentil soup ✓ Chicken noodle soup	Lentil soup ✓ Chicken & rice soup	Lentil soup ✓
<b>Mains option 1</b>	Macaroni cheese & crusty bread ✓	Chicken curry & boiled rice	Steak pie	Pasta bolognese & crusty bread	Breaded fish
<b>Mains option 2</b>	Fish goujons	Tomato & mascarpone pasta & crusty bread ✓	Sausage beano ✓	Chicken tortillas	Chicken goujons
<b>Veg</b>	Diced garlic & herb potatoes, peas, beans & salad bar ✓	Mixed veg & salad bar ✓	Mashed potato, broccoli & salad bar ✓	Potato wedges, corn on the cob & salad bar ✓	Chips, beans, peas, coleslaw & salad bar ✓
<b>Sweet</b>	Self-service fruit bar available daily ✓				

## Available Daily

Sandwiches, rolls, wraps & baguettes with a variety of fillings  
Paninis, pizzinis, toasties, subs, hot dogs & pizzas  
Baked potatoes  
Pots to go  
Salad bar  
*Check the menu board for daily specials*

## Key

**V** - Vegetarian

**✓** - Vegan



Scan here to see the dates for each weekly menu and allergen information

# 2025 South Ayrshire school menu weekly guide

Week 1

Week 2

Week 3

January						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# 2026 South Ayrshire school menu weekly guide

Week 1

Week 2

Week 3

January						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			