

## Health & Social Care National Outcomes

The National Outcomes for adults and older people are as listed below:

- a) **Healthier Living**  
People are able to look after and improve their own health and wellbeing and live in good health for longer.
- b) **Independent Living**  
People, including those with disabilities, long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.
- c) **Positive Experiences and Outcomes**  
People who use health and social care services have positive experiences of those services, and have their dignity respected.
- d) **Quality of Life**  
Health and social care services are centred on helping to maintain or improve the quality of life of service users.
- e) **Reduce Health Inequality**  
Health and social care services contribute to reducing health inequalities
- f) **Carers are Supported**  
People who provide unpaid care are supported to reduce the potential impact of their caring role on their own health and well-being.
- g) **People are Safe**  
People who use health and social care services are safe from harm.
- h) **Engaged Workforce**  
People who work in health and social care services are supported to continuously improve the information, support, care and treatment they provide and feel engaged with the work they do.
- i) **Effective Resource Use**  
Resources are used effectively in the provision of health and social care services, without waste

The National Outcomes for Integrated Children's Service Planning are:

- j) Our young people are successful learners, confident individuals, effective contributors and responsible citizens.
- k) Our children have the best start in life and are ready to succeed.
- l) We have improved the life chances for children, young people and families at risk.