

Troon and Villages Locality Planning Group Action Note of Meeting: 21st November 2018

Present: Richard McMinn (Chair), Bob Pollock, Maureen Murray, Anne Cameron, Seonaid Lewis, Carol Pritchard, Laura Thompson, Vera Kidd, Frances Carson, Phil White, Mark Baker

Apologies:, Norah Williamson, Trish McMinn, Peter Convery, Frank Hughes, Pamela Dowson, Philip Saxton, Craig Mackay, Stephen Milby

Agenda Item	Discussion	Action
Welcome	Richard welcomed everyone to the meeting and extended a warm welcome to Mark Baker, Service Lead - Corporate Planning and Improvement, South Ayrshire Council.	
South Ayrshire Adult Carers Strategy - Phil White	<p>Phil provided an overview of the South Ayrshire HSCP Adult Carers Strategy - which is now open for consultation until mid December - Consultation link - https://www.south-ayrshire.gov.uk/consultations/</p> <div style="text-align: right;">  Carers Strategy (3) October 2018.pptx </div>	Group members were encouraged to complete the consultation survey and help promote
Matters arising and Local updates	<p>Seonaid updated that Gordon Morton, Big Lottery, is unfortunately unable to attend the Decision Day to provide funding information, however one of his colleagues may be able to attend.</p> <p>Seonaid updated that the South Ayrshire Alcohol & Drug Partnership (ADP) have contributed additional funding to each locality Decision Day to help develop ways in which the ADP can work with communities to prevent and divert young people, adults and older adults from harmful alcohol and drug use and tackle wider harms from alcohol and drugs on the environment and local community. An additional £1,000 has been provided for Troon & Villages.</p>	

	<p>Seonaid updated on the 'Give a Dog a Bone' project that's about to open in Troon. Seonaid visited the group and encouraged them to consider submitting an application to the Decision Day. Their ethos is about combatting social isolation & loneliness by bringing animals and the over 60s together. Their new space in Troon will provide a safe space for retired people to learn new skills, meet new friends and mix with dogs. They will also provide free activities, such as Mindfulness, Reiki, Italian for Beginners, crafts and volunteering opportunities. Seonaid circulated leaflets and let the group know that they will be holding an official launch on the 30th November 1-3pm.</p> <p>Anne updated that the local Bus Users group is still active and campaigning.</p> <p>Richard let the group know that Struthers nursery children and some of their parents have been utilising the allotment once a month. The hope is to create a couple of lower raised beds for them to use.</p>	<p>Seonaid - keep group updated</p> <p>Richard will keep the group updated</p>
<p>Community Link Practitioners</p>	<p>Seonaid updated on a piece of work that has been developing with the local Community Link Practitioners for Troon & villages area. We're working together to capture some key information on the referrals that they are receiving. This will include numbers, referral source, referral reason, long term condition, age bands and neighbourhood areas. This is anonymised and will remain completely confidential. The information will be captured and collated from October through to March and will provide a useful snapshot to support our local priorities and associated activity.</p>	<p>Seonaid - feedback to group on completion.</p>
<p>Strategic Planning Advisory group (SPAG)</p> <p>Chairs/Vice Chairs meeting</p>	<p>Maureen provided a brief update - key points</p> <p>SPAG</p> <ul style="list-style-type: none"> • October meeting focussed on South Ayrshire Carers Strategy and Health & Social Care Partnership budgets <p>Chairs/Vice Chairs</p> <ul style="list-style-type: none"> • Common priorities across many of the localities, e.g. Dementia Friendly, Participatory Budgeting, community hubs, communication/newsletters and social isolation • Other LPG's are looking at membership and attendance and updating action plans. 	

<p>Feb 19 Decision Day update</p>	<p>Seonaid provided an update on activity to date, key points -</p> <ul style="list-style-type: none"> • Publicity has been widespread, with articles in Going Out and local papers. Key contacts have promoted within neighbourhood areas and lots of activity on social media. Seonaid has also contacted several groups directly - those that aligned well to long term conditions and social isolation. Many of these groups still have funding from previous events and/or are not in a position to apply again this time round. • Fewer than hoped application requests – general discussion took place, key points <ul style="list-style-type: none"> ○ Is this due to the lower amount available, lack of need, specific criteria, time of year or not getting a wide enough reach through publicity? ○ General consensus was that the run up to Christmas and amount of funding previously distributed through Decision Days were the key factors ○ Seonaid asked the group if they would consider raising the amount groups could apply for from £750 to £1,000, that way fewer groups would be required and groups may have greater incentive to apply. Or that the closing date could be extended to provide more time due to Christmas period. General consensus was to leave the amount at £750. If at the closing date (10th December) there are insufficient applications to proceed then the closing date can be extended to Monday 7th January. • Discussion took place around additional information stalls for the event, to tie in with the long term conditions focus. If possible it was agreed that this would be beneficial and if practitioners or groups are unable to attend information could be collected beforehand. Seonaid has already arranged this with the South Ayrshire Life team; who are able to attend. • It was agreed that it would be beneficial to have greater focus on a ‘conversation café’ type space this time round and appoint group members to engage with people around the LPG and associated topics...further discussion required. 	<p>Seonaid - liaise with steering group at closing date and respond as required</p> <p>Seonaid/Mareen to action</p> <p>Seonaid - add to January agenda</p>
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<p>Local priorities Long Term Conditions - Group discussion</p>	<p>Maureen and Seonaid provided a brief presentation on long term conditions, key points:</p> <ul style="list-style-type: none"> • Definition, examples, online support and local support <p>This was followed by 3 key questions:</p> <ul style="list-style-type: none"> • What more do you feel the group need to know about long-term conditions? • Are you aware of things happening in the local community to support people/carers to look after themselves? • What can we do as a group to help our community manage these conditions? <p>General discussion followed, key points:</p> <ul style="list-style-type: none"> ○ Can be confusing - need to promote reputable sources of information, e.g. <ul style="list-style-type: none"> • Better Health Hub • NHS Inform • Afton House resource base • Pharmacy First and know who to turn to campaigns ○ Managed Clinical Networks <ul style="list-style-type: none"> • Respiratory • Heart Disease & Stroke • Diabetes • Palliative and End of Life Care Network ○ More support needed within community setting <ul style="list-style-type: none"> • Prevention • Self management • Social prescribing • Palliative & end of life care • Support for informal carers 	 <p>Long Term Conditions final.pptx</p>
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	<ul style="list-style-type: none"> ○ New GP contract - pushing Primary Care message <ul style="list-style-type: none"> ● How do we help promote this across the locality? <p>Moving forward...</p> <ul style="list-style-type: none"> ● Engage with informal carers and those living with long term conditions - still no carers rep on group ● Utilise Decision Day criteria - long term conditions and social connectedness - opportunity to ask people and link in with key groups/projects 	All - further discussion required
Underweight Action Plan - Maureen Murray	This will be carried forward to January meeting due to time.	
AOCB	No other business. Richard closed the meeting and wished everyone an enjoyable festive break.	
Date and Time of next meeting	Wednesday 16 th January, 6.30pm Troon Council Chambers	
Future meeting dates	Wednesday 20 th February, Wednesday 20 th March (further dates to follow)	