

Troon and Villages Locality Planning Group Action Note of Meeting: 21st March 2018

Present:

Richard McMinn (chair) - Troon Resident
 Linda Matheson (vice chair/SPAG rep) - Troon Resident
 Carol Pritchard - Community Representative
 Anne Cameron - Troon Community Representative
 Trish McMinn - Troon Churches Together/Dementia Friendly Troon and Villages
 Vera Kidd - Team Leader (Sheltered Housing), South Ayrshire Council
 Norah Williamson - Business Development Manager, Voluntary Action South Ayrshire
 Bob Pollock - Elected Member
 Claire Connelly - Charge Nurse, South Ayrshire Community Mental Health Team
 Liz Ferries - Team Leader, South Ayrshire Community Mental Health Team
 Laura Thompson - Health Improvement Officer, NHS Ayrshire and Arran.

In attendance:

Seonaid Lewis - Community Engagement Officer, Health & Social Care Partnership
 Kirstin Kerr - Research Officer, Health and Social Care Partnership

Apologies:

Craig McKay - Elected Member
 Peter Convery - Elected Member
 Maureen Murray - Dietetic Service Lead - South
 Philip Saxton - Elected Member
 Helen Jamieson - Dundonald Representative
 Duncan Malcolm - Barassie Representative

Agenda Item	Discussion	Action
Welcome	Richard welcomed everyone to the meeting.	
Troon Locality Profile - Kirstin Kerr, Research Officer	<p>Kirstin took the group through the Troon Locality Profile, which included:</p> <ul style="list-style-type: none"> • Population and Deprivation - Dependency ratio • Health and wellbeing - adults <ul style="list-style-type: none"> ○ Mortality ○ Alcohol & Drugs ○ Prescribed drugs for Anxiety/Depression/Psychosis • Health and wellbeing - children's health <p style="text-align: right;">  Troon Locality Profile V5 (Final Version).pdf </p> <p>General discussion followed.</p> <p>Richard thanked Kirstin for her input.</p>	

<p>Notes of previous meeting Matters arising</p>	<p>Previous action notes agreed as accurate.</p> <p>Holiday meals programme in Barassie - Community Planning Partnership have organised the lunches for the Easter holiday period and CLD staff/sessional youth workers and volunteers will be running activities and games alongside.</p> <p>Norah updated that the Access Panel will be launching soon and further information will be circulated when available.</p>	
<p>Locality Plan</p>	<p>Richard led discussion on finalising the new action plan - crucial to utilise the recent profiling information and link to action plan/ locality priorities. Key points from discussion:</p> <ul style="list-style-type: none"> • Dementia - We've established good links with Dementia Friendly Troon and Villages and keen to help develop and support this work <ul style="list-style-type: none"> ○ New overarching South Ayrshire dementia steering group has been established through HSCP • Community Plans/Communication <ul style="list-style-type: none"> ○ what's already in the community ○ promoting what already exists ○ South Ayrshire Life is crucial to this ○ Utilise Decision Day groups/connections ○ Troon Community Council has an events calendar for the year - we need to utilise this and link in with groups and events <p>The group was in agreement that we need to promote the work of the locality group more effectively - need to raise the profile of locality planning across the locality.</p> <ul style="list-style-type: none"> • Underused services - people not able to access services for a variety of reasons • Barriers - transport and taking first step <ul style="list-style-type: none"> ○ buddying/car service ○ volunteer car service ○ good examples of local outreach initiatives, e.g. Parkinson's Group <p>*Need to find out from groups/services/individuals if transport really is an issue? Is there a way we could ask this on South Ayrshire Life?</p>	<p>Norah offered to look in to this</p>

	<ul style="list-style-type: none"> • Befriending - people go to group befriending but more about social opportunities/less formalised befriending opportunities <ul style="list-style-type: none"> ○ Contacting local groups to ask if they have capacity ○ Could other attendees pick people up and take them to the group - this ties in with social isolation; 'kindness' national campaign • SDS - use in a way that suits people best • GP Surgeries - Need to get information into GP surgeries - need to get GP's/Practice staff on board <ul style="list-style-type: none"> ○ Community Link Practitioners (CLP's) are a great asset but only 1 for all surgeries - needs to be widened out - would be good to establish stronger links between LPG and CLP's • Carol - May is mental health month and local youth clubs are focussing on 'random acts of kindness'; 30 things - smiling, saying hello, taking wheelie bin out, tidying their room without being asked. Could we do something for the whole community based on this? <ul style="list-style-type: none"> ○ Get it in Going Out and everyone in the community could be encouraged to participate ○ Would need to think about how to circulate it through the neighbourhoods • Laura – 365 Brighter Days campaign was launched in Troon in February, we could tie this in with 30 random acts to brighten up the day. Following the launch/positivity café, a bench was placed just in front of the Walker Hall looking out to sea. This is the focus for the whole year - 'breathing space'. We could do a twitter campaign; <i>365 Brighter Days -"I brighten my day by..."</i> <p>The group thought this could be a good idea and a small working group was formed to take it forward - Carol, Laura, Claire</p> <ul style="list-style-type: none"> • Decision Day groups - how do we meaningfully involve the Decision Day groups in this group? <ul style="list-style-type: none"> ○ Invite to attend/join group ○ Invite to input at future meetings 	<p>Set a date to meet to discuss - deadline 18th April for Going Out</p>
--	--	---

	<p>Seonaid provided a brief input on the number of groups/projects that have participated and the impact their projects are having locally - some really great evaluation reports coming back. All of the projects from all 4 events have now been collated into one PB Directory and the evaluation reports will be updated as they come in.</p> <p>Norah highlighted that VASA could collate all of the Troon & villages locality groups within South Ayrshire Life - start conversations with the groups</p>	<p>Seonaid - theme DD groups and align with local priorities to help inform planning and build contacts</p> <p>Agenda item for May meeting - Norah to bring to next meeting</p>
<p>UPDATES</p> <p>Strategic Plan consultation</p>	<p>There will be 2 sessions, one in the afternoon and one in the evening/usual locality group slot - it was agreed that the afternoon slot should take place from 1.30pm - 3.30pm.</p> <p>Great opportunity for us to promote the group and consult on our revised local priorities.</p> <p>Who should we invite?</p> <ul style="list-style-type: none"> ○ Community Councils, local community groups, Decision Day Groups ○ Get article in Going Out ○ Circulate posters/flyers <p>This prompted discussion on the 2 notice boards outside the Walker Hall. Seonaid highlighted that it has become increasingly difficult to get notices in the boards due to their deterioration (one cannot be opened as it can't be shut again and the lock is jammed on the other). The Caretakers have been very helpful and patient with this but it has been a problem for some time now and has been raised several times previously, however it has been hard to establish who exactly is responsible for the Boards.</p> <p>The Consultation event will include a presentation outlining the strategic plan, with opportunity for discussion/feedback.</p> <p>There will be an opportunity for us to do a short input on the group and our revised local priorities.</p> <p>Group members were encouraged to attend.</p>	<p>Seonaid - circulate email invitations and send article to Anne for Going Out (deadline is tomorrow)</p> <p>Bob offered to look into this and feedback</p>

6 month meeting plan	Richard let the group know that he has been working with Seonaid on a six month meeting plan, themed around our local priorities and locality profile. This will be ready to share for comment at May meeting.	
Strategic Planning Advisory Group (SPAG)	Seonaid fed back in Linda's absence - the SPAG meeting had mainly focussed on the draft Strategic Plan and Strategic Needs Assessment. https://www.south-ayrshire.gov.uk/health-social-care-partnership/strategic-planning/strategicplanning2018.aspx The Dementia Strategy is in development and should be ready for consultation May/June time.	
AOCB	Norah updated that VASA have moved premises from Crown Street to Boswell House in Arthur Street, Ayr. Various things are in the pipeline, lots of information is shared through the VASA fortnightly e-bulletin. South Ayrshire Life recently celebrated its 1 st year anniversary; it's going from strength to strength. Laura updated on Health Improvement activity - Tobacco Champions, new strategy. Cessation Champions in the community and community hospitals, training provided on brief advice and intervention; Freshayrshire no longer exists.	
Date and Time of next meeting	Strategic Plan Consultation 18 th April, 1.30 - 3.30pm and 6.30 - 8.30pm, note venue change to Walker Hall	
Future meeting dates	16 th May, 20 th June, 15 th August, 19 th September, 17 th October, 21 st November	