

**Troon and Villages Locality Planning Group  
Action Note of Meeting: 15<sup>th</sup> February 2016**

**Present:** Frances Carson (chairperson), Fiona Smith, Vera Kidd, Philip Bailey, Liz Ferries, Anne Cameron, Mary Kerr, Helen Jamieson, Maureen Murray, Peter Convery, Nan McFarlane, Myra Robertson,

**In attendance:** Seonaid Lewis, Billy MacLeod, Donna Read, Marc Dunlop

**Apologies:** Trish McMinn, Richard McMinn, Linda Matheson, Jane Barker

Agenda Item	Discussion	Action
Welcome  Notes of previous meeting	Frances Carson opened the meeting and welcomed Billy MacLeod and Donna Read.  Agreed as accurate  No matters arising	
Billy Macleod	<p>Billy is the Manager of Ayr Action for Mental Health (AAMH) and Chair of the Prestwick and Villages Locality Planning Group. Billy provided a brief overview of AAMH, key points –</p> <ul style="list-style-type: none"> <li>• Registered charity, formed in 1987. Local Mental Health Association for South Ayrshire whose main purpose is to press for the best services possible for people with lived experience of poor mental health</li> <li>• Work in collaboration with other agencies both statutory and voluntary, across South Ayrshire</li> <li>• Based in Strathyre activity centre in Ayr - Strathyre provides conversation, company, reasonably priced lunches, arts, crafts, recreational and social activities and information on a wide variety of activities and organisations.</li> <li>• Services and priorities include               <ul style="list-style-type: none"> <li>○ Self-management support - anxiety &amp; depression</li> <li>○ Improving public awareness of mental health issues</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>○ Empower members/service users through involving them in decision making, planning and building confidence in other users</li> <li>○ Pressing for high quality advocacy services to best ensure the rights for this group of people are upheld.</li> </ul> <ul style="list-style-type: none"> <li>● There is no formal referral system, anyone is welcome if they meet the following criteria - <ul style="list-style-type: none"> <li>○ People with enduring Mental Health Problems</li> <li>○ Aged between 18 and 65</li> <li>○ Reside in South Ayrshire</li> </ul> </li> </ul> <p>Billy informed the group that AAMH is currently exploring a pilot around social isolation within the Troon locality. Ola (Community Links Practitioner) is also involved in this.</p> <p>Question and answer -</p> <p>Have you done any research locally in relation to the social isolation pilot?</p> <p>Yes, we've linked in with key people/groups and have identified key services, groups and stakeholders; including Community Links Practitioners, Lighthouse Church, housing services, DWP, Alcohol and Drug Partnership (ADP)</p> <p>How do you get young people motivated to come along?</p> <p>Be visible in their 'places &amp; spaces' - allow sufficient time - build trust</p> <p>Discussion included –</p> <ul style="list-style-type: none"> <li>● Wellness Recovery Action Plan (WRAP)</li> <li>● ADP - Peer Development Programme</li> <li>● Asperger's and Autism</li> <li>● Transport</li> <li>● Mapping of groups and services</li> <li>● The need to invest in rehabilitation</li> </ul> <p><a href="http://www.aamh.org.uk">http://www.aamh.org.uk</a></p>	
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<p>Donna Read - Troon Business Association</p>	<p>Donna came along to the meeting to share her ‘Vision for Troon’ and encourage the Locality Planning Group to support the initiative and related activity.</p> <p>Key points include –</p> <ul style="list-style-type: none"> <li>• To ‘better connect’ Troon - encourage tourism, offer a point of difference, community led, create and maintain employment.</li> <li>• Join the two beach areas - Barassie &amp; South Beach <ul style="list-style-type: none"> <li>○ Skate park, Outdoor Gym and Fitness area</li> <li>○ Active Travel Hub</li> <li>○ Band stand</li> </ul> </li> <li>• Troon Youth Trust and Teen café - <ul style="list-style-type: none"> <li>○ social enterprise by day, teen café at night</li> <li>○ involve S5 and S6 pupils from Marr College</li> <li>○ Teach business, finance, marketing and social skills</li> </ul> </li> <li>• Town centre <ul style="list-style-type: none"> <li>○ Monthly street market</li> <li>○ BID improvement district</li> </ul> </li> <li>• Water Sports Centre</li> <li>• Fullarton Fairy Trail</li> <li>• Funding opportunities</li> <li>• Steering group</li> <li>• Feasibility study is being produced by Alan Jones Associates</li> <li>• Links with Locality Group’s key priorities <ul style="list-style-type: none"> <li>○ Promote Health &amp; wellbeing</li> <li>○ Keep young people engaged &amp; motivated</li> <li>○ Social inclusion</li> <li>○ Transport</li> <li>○ Community hub</li> </ul> </li> </ul> <p>Positive response from group members. Seonaid will continue to link in with Donna on behalf of the LPG.</p>	
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<p>Connect2 update</p> <ul style="list-style-type: none"> <li>○ Social Isolation Questionnaire</li> </ul>	<p>Vera provided a brief update on the questionnaire pilot, carried out within local Sheltered Housing complexes - Pan Rock Court, Walker Avenue and Sandhill Gardens</p> <p>The questionnaire was circulated for comment, key points -</p> <ul style="list-style-type: none"> <li>● Appropriate font size</li> <li>● Encompass all age groups</li> <li>● Electronic and hard copy available</li> <li>● Survey Monkey</li> <li>● Feedback boxes</li> <li>● Focus Groups</li> <li>● Distribute via local clinician teams</li> </ul> <p>Key points from discussion –</p> <ul style="list-style-type: none"> <li>● Need to re-connect people</li> <li>● Clarify key priorities for Connect2 group - need to establish the main priorities/issues locally and action plan around this, e.g. <ul style="list-style-type: none"> <li>○ Transport/accessibility to services &amp; activities</li> <li>○ Lack of services, groups or activities</li> <li>○ Information on what's available</li> <li>○ Peer support opportunities</li> <li>○ Age groups</li> <li>○ Social connectedness</li> <li>○ Need for local hubs/bumping spaces – (CLS)</li> </ul> </li> <li>● Explore Befriending opportunities - not just formalised services - create informal opportunities</li> <li>● Respectful of those that choose to be alone/isolated</li> <li>● Issues around My Bus and eligibility</li> </ul> <p>Group members were asked to support the distribution of the questionnaire. This will be discussed further at next meeting.</p>	
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Troon and Villages Decision Day	<p>Seonaid provided a brief update, key points –</p> <ul style="list-style-type: none"> <li>• 37 groups taking part.</li> <li>• Due to number of groups participating, it has been suggested that the time allocated for pitches would be reduced from 3 minutes to 2 minutes.</li> <li>• 9 Locality Group members volunteered to help on the day.</li> <li>• Lynn Anderson let the group know that Michelle Bailes would be attending on behalf of VASA to promote Saltire Awards. VASA have also identified a Saltire Ambassador to volunteer on the day, (Stuart would pass contact details on to Seonaid).</li> <li>• The R&amp;A will be in attendance on the day and will provide a short presentation, in view of this it has been agreed not to have any other additional entertainment.</li> <li>• Seonaid will circulate a volunteer task list/rota next week</li> </ul>	
Community Led Support	Carry forward to next meeting	
Draft Learning Disability Strategy	Seonaid shared the link to the draft Strategy and encouraged group members to complete the online survey and/or submit feedback to Seonaid to be fed back to the Integration Joint Board.	
AOCB	<p>Lynn Anderson let the group know about VASA’s new Café Connections project. The project will encourage and support women who are isolated, looking to socialise and gain confidence, make connections and improve their overall well- being. The project is available to women aged 25 - 55yrs and will take place in the Book and Bun, Ayr.</p> <p>VASA’s annual Volunteering Awards ceremony will take place in June. VASA are looking for nominations for their Community Champions Award.</p>	
Date and Time of next meeting	<p>The next meeting will take place on Wednesday 15th March, 6.30pm Troon Council Chambers, Municipal Buildings, Troon.</p> <p><b>Future meeting dates -</b>  19<sup>th</sup> April, 17<sup>th</sup> May, 21<sup>st</sup> June, 16<sup>th</sup> August,  20<sup>th</sup> September, 18<sup>th</sup> October, 15<sup>th</sup> November</p>	