

Troon and Villages Locality Planning Group Action Note of Meeting: 20th February 2019

Present: Richard McMinn (Chair), Maureen Murray, Anne Cameron, Seonaid Lewis, Carol Pritchard, Laura Thompson, Vera Kidd, Pamela Dowson, Trish McMinn, Philip Saxton, Peter Convery, Frances Carson, Linda West

In Attendance: Anne Clark, MPower Community Navigator

Apologies: Frank Hughes, Bob Pollock

Agenda Item	Discussion	Action
Welcome	Richard welcomed everyone to the meeting and extended a warm welcome to Anne Clarke, who was attending to provide an input on MPower.	
MPower - Healthy & Connected Communities - Anne Clark, Community Navigator	<p>Anne provided an overview of the MPower Programme, which is a 5 year funded project to enable people with long term conditions who are 65 and over to live well, safely and independently in their own homes.</p> <p>Overview included</p> <ul style="list-style-type: none"> Personalised Wellbeing Plan, referral process, social prescribing, digital services - Telehealth and health apps, E-health interventions and self-management <p>Key points from Questions/Discussion</p> <ul style="list-style-type: none"> 70 wellbeing plans/home visits since September - follow up meetings at 3 months and 6 months to review plan and progress No waiting list, get back in touch within 5 working days - phone call and text reminder. Initial visit takes around 1-1.5 hours Do you refer to other health professionals? Yes, e.g. social work, intermediate care team, pulmonary rehab, specialist respiratory nurse - we can refer direct to consultants and/or set up referral pathways 	<div style="text-align: center;">  mPower 2A Ayrshire and Arran.pdf </div> <div style="text-align: center; margin-top: 20px;">  mPower 2B Ayrshire and Arran.pdf </div> <div style="text-align: center; margin-top: 20px;">  3.1 mPower Service Referral-Initial Cont: </div>

	<ul style="list-style-type: none"> • Connections have been made with Better Health Hub • Do you signpost to social/community groups? Yes, we use South Ayrshire Life to identify groups and services • Can you help with transport? Yes My Bus and VASA have new electric cars • People can self-refer; single point of contact at Biggart • Need to upskill our staff on e-health interventions 	Anne will send Seonaid information electronically to circulate
Matters arising	Previous meeting notes agreed as accurate - No matters arising	
Local updates	<p>Local updates included –</p> <ul style="list-style-type: none"> • Local Community Learning & Development Office re-locating to small room next door to Council Chambers. • Maureen let the group know that the comments from last meeting’s discussion on the underweight action plan have been collated and forwarded on. There will be a stakeholder event April/May time. • Tidy up work at harbour area - Community Safety team • Vera reported concerns about tackling social isolation locally - Sheltered Housing units as hub of community - looking at ideas to get people to come in but no-one seems to be using it - what we can do to promote that? • Vasa - 3rd sector health & social care forum and Seniors Action Group - lots of events coming up <ul style="list-style-type: none"> ○ Seonaid asked if Linda could forward information to circulate electronically <p>Troon Together - <i>Charrette/Making Places initiative</i></p> <p>Seonaid provided a brief update on ‘Troon Together’. An initial steering group has been formed and the first meeting will take place on Thursday 28th February. Richard will represent the locality group within the steering group. It is anticipated the process will take place over the next few months. More information to follow.</p>	<p>Maureen - send comments to Seonaid to circulate.</p> <p>Linda/Seonaid - forward relevant information for dissemination</p> <p>Richard/Seonaid - keep group informed</p>

	<p>Dementia Friendly Troon & Villages</p> <p>Dementia friendly allotment - hoping to arrange a meeting in April to continue work on the allotment. Duncan has been in touch to let us know that there has been an offer to lay the paving slabs free of charge - hopefully this will happen over the next few weeks. I've passed on our thanks to Duncan. It is hoped that the 'Count me In event' will be rescheduled very soon.</p>	<p>Seonaid/Trish - keep group updated</p>
<p>Troon & Villages Decision Day Participatory Budgeting (PB) feedback</p>	<p>Seonaid provided a brief update:</p> <ul style="list-style-type: none"> • 22 groups took part - 20 were fully funded and 2 unsuccessful • 277 people came along to vote • Feedback has been very positive. Seonaid will collate the evaluation forms and conversation café information and provide a fuller report in due course. <p>Richard reported that he felt the event went really well - the Conversation Cafe was a bit slow to start but gradually picked up. Richard asked group members to share any feedback from the day, general discussion took place:</p> <ul style="list-style-type: none"> • General feeling was that the event went very well, great networking and good to see a diverse range of groups. More space in the hall enabled better discussion and flow. • Points were raised around rules, validity and following up on how funding is spent • Some felt that all groups should receive funding or that funding should be allocated by % according to the number of votes - sliding scale <ul style="list-style-type: none"> ○ Other group members did not feel all groups should receive funding - if we're asking people to come along to vote then their votes need to be meaningful and funding allocated accordingly. ○ It was also highlighted that part funding is not always suitable as groups request a specific amount based on what is actually required ○ It's not about setting/changing rules; the PB process is what it is. Although there are numerous ways of doing it, the overall ethos is the same. 	<p>Seonaid - collate evaluations and conversation cafe feedback</p>

	<p>Seonaid reiterated that all funded groups must submit an evaluation report within 12 months of receiving funding or on completion, if sooner. We will go back to groups if insufficient evidence is submitted but equally, will grant more time with reasonable supporting evidence. We also circulate reminders and follow up on all evaluations. The evaluation template is regularly reviewed and updated; to correspond with application form and criteria.</p> <p>We are working on an evaluation report for 2017/18, which will include wider benefits, local priorities context, theming of groups/projects and statistical analysis. Seonaid suggested that it might be useful to allocate some time at a future meeting to look at some of the evaluations and map the groups/projects that have been funded, linking to our local priorities.</p>	All - General agreement on this - note for future agenda
BREAK and conversation cafe exercise	During the break group members were asked to look through the various information leaflets that were laid out around the room (this was the information provided at the Decision Day information stalls) and add their responses to the conversation café questions on the flipchart paper.	
Primary Care Networking Event	In Bob's absence Maureen let the group know about an idea Bob had around a Primary Care focussed Health & Wellbeing networking event. The idea stemmed from Saturday's Decision Day and feedback gathered at conversation cafe. The idea would be to set up a market place style community event to engage with local GP surgeries, pharmacies and all other health related services. To provide an opportunity to inform local people and link up to relevant services. This would support the new Primary Care Reform and Caring For Ayrshire agenda. A working group will be formed to take this forward.	Establish working group and explore potential dates/timeline
Listening Provision in Muirhead - Frances Carson	Frances let the group know about a recent development within Muirhead. Due to recent local bereavements Frances and a small group of local people felt that a listening service might be beneficial. This small group can signpost to relevant supports and services and provide an ear for local people. 3 people came along to the first session.	

	<p>The group were asked to share their views on this –</p> <p>General feeling that it is a good idea but potential concerns around safety, validity and promotion. Bereavement can have a huge impact on a person’s mental health and there is a need for something like this locally. It was highlighted that a Community Listening Service has been established in the North Carrick area and it might be worth linking in with them to find out more about how it works. It was agreed to discuss further at future meeting.</p>	Richard/Seonaid - raise at Chairs meeting and feedback
Group format discussion	<p>Following the recent agreement to meet bi-monthly rather than monthly (for the time being) the group discussed an outline plan, working groups and local priorities.</p> <ul style="list-style-type: none"> • It was agreed to establish a Primary Care Event working group - Maureen, Richard, Vera, Bob, Anne, Linda and Seonaid. • Dementia friendly allotment/supporting the work of Dementia Friendly Troon & Villages will remain a key priority. <p>It was agreed that the new format would start after April meeting - further discussion required at next meeting</p>	<p>Maureen - Email group to arrange initial meeting</p> <p>Richard, Trish, Seonaid</p> <p>Add to March agenda</p>
AOCB	None	
Date and Time of next meeting	Richard thanked everyone one for attending. Date of next meeting is Wednesday 20 th March, 6.30pm Troon Council Chambers.	
Future meeting dates	Wednesday 17 th April, Wednesday 19 th June, Wednesday 21 st August, Wednesday 16 th October	