

Prestwick and Villages Locality Planning Group
Action Note of Meeting: Monday 25th February 2019

Present: Mary Mann, Jacqui Morris, Willie Stewart, Liz Kelly, Ian Davis, Hugh Hunter, Margaret Toner

In Attendance: Anne Clark, Seonaid Lewis

Apologies: Margaret Milligan, Ellen Mitchell, Helen Moonie, Linda West, Norah Williamson, Elaine Anderson, Lesley Reid

Item	Discussion	Action
Welcome	Willie welcomed everyone to the meeting, in Margaret's absence.	
Previous action notes & Matters arising	Previous action notes agreed as accurate. No matters arising	
MPower - Healthy & Connected Communities - Anne Clark, Community Navigator	<p>Anne provided an overview of the MPower Programme, which is a 5 year funded project to enable people with long term conditions who are 65 and over to live well, safely and independently in their own homes.</p> <p>Overview included</p> <ul style="list-style-type: none"> Personalised Wellbeing Plan, referral process, social prescribing, digital services - Telehealth and health apps, E-health interventions and self-management <p>Key points from Questions/Discussion</p> <ul style="list-style-type: none"> 70 wellbeing plans/home visits since September - follow up meetings at 3 months and 6 months to review plan and progress No waiting list, get back in touch within 5 working days - phone call and text reminder. Initial visit takes around 1-1.5 hours Need to circulate information to the villages Do you signpost to social/community groups? Yes, we use South Ayrshire Life to identify groups and services 	  <p>mPower 2A Ayrshire and Arran.pdf mPower 2B Ayrshire and Arran.pdf</p>  <p>3.1 mPower Service Referral-Initial Cont:</p>

	<ul style="list-style-type: none"> ○ Where is the library of resources, where can we look? Not everything is on South Ayrshire Life (SAL) and how do people know about SAL? ● Lots of online resources ● Opportunities to utilise local volunteers ● If someone is reluctant to use IT/apps we can still do a wellbeing plan but leave out the Telehealth part ● Anne can buddy people along to initial activities/groups ● Pain management group meets at Biggart <p>The Group agreed to help promote the service. Willie thanked Anne for her input.</p>	
<p>Decision Day Discussion</p>	<p>Seonaid provided a brief update - 19 groups taking part. Seonaid highlighted that bids have been received from schools and not all have been channelled through Parent Councils. It was reiterated that, where possible, schools should apply through Parent Council.</p> <p>Following on from previous discussion around utilising a small amount of the Health & Social Care Partnership funding to support locality priorities the group agreed to ring-fence £350 for the upcoming Prestwick Carers Day.</p> <p>General discussion took place around future funding for Participatory Budgeting/communities - Properly resourcing communities - funding</p> <p>Discussion took place on conversation cafe questions and format - Seonaid provided feedback from Troon & Villages event and it was agreed to use the same format.</p>	<p>Seonaid - contact school bids/contacts to discuss further</p> <p>Feedback to Margaret and identify sponsor organisation to hold funding Seonaid/Hugh</p> <p>Seonaid, Mary, Jacqui, Willie - circulate questions and finalise before event.</p>

<p>Locality Priorities</p>	<p>Caring for Carers</p> <p>Mary updated on Carers In Employment Pilot - initial meeting has taken place. Laura Thompson has been a really useful addition to the working group - Laura provided information on Carers Scotland/Carer Positive.</p> <p>‘The development of a ‘caring for carers’ scheme was listed as one of ten manifesto commitments for carers in 2011 to ‘recognise those employers who offer the best support to carers, allowing them the flexibility they often need to deliver care at home’. Carer Positive is operated by Carers Scotland on behalf of the Scottish Government, with the aim of ‘making life better for carers’, Carers Scotland’.</p> <p>The sub group will carry out further research and link in with Unity Enterprise/Carers Centre over the coming weeks.</p> <p>Social isolation & Loneliness - Chatty Cafe</p> <p>Jacqui updated that she has been unable to speak with Nicola to clarify progress/timeline but hopes to feedback at next meeting. More and more cafes are launching similar initiatives; people seem to be embracing the idea.</p>	<p>http://www.carerpositive.org/</p> <p>Mary/sub group - continue to progress and feedback</p> <p>Jacqui/Seonaid – keep group updated on progress</p>
<p>AOCB</p>	<p>Symington Newsletter - Liz asked about support for the newsletter, which had been previously discussed. Seonaid updated that unfortunately due to budget concerns the locality group administration budgets have been suspended (essential spend only) and therefore, regretfully, we are unable to provide any financial contribution at present.</p>	<p>Seonaid agreed to speak to Margaret about raising this point at the upcoming Chairs/Vice Chairs meeting.</p>
<p>Date and Time of next meeting - Monday 25th March 2019, 7pm Biggart Board Room Future meeting dates - 29th April, May TBC, 24th June, 26th August</p>		