

Group: Maybole Communication and Access Group: £1675

Thanks to the funding received we have been able to complete the following training course: Dementia training for trainers and Dementia palliative care training. We have also purchase Dementia related example equipment and Dementia information materials for the community to be used via the Maybole Connect front door. The team also attended an Alzheimer’s Scotland conference. This training coupled with the resources purchased has helped to bring people together to move the Dementia Friendly Communities project forward and built positive working relationships with other community groups. It has improved local community knowledge of dementia as well as provided specifically trained contact people who are able to support community members, groups and or anyone asking for information around this subject.



Group: Maybole Youth Club: £1,300

Funding was used to host a celebration. The celebration event provided the opportunity for 70 young people in Maybole & North Carrick to come together to celebrate their achievements over the year. It is important to recognise and celebrate the hard work and success of our young people in the local area. The young people enjoyed a range of interactive and fun workshops including Cooking, Baking, Bush Craft, Arts & Crafts, Games and Teambuilding. They were awarded a range of certificates on the day including Dynamic Youth Award, Saltire Award, Duke of Edinburgh Award and Award of Ambition. They also enjoyed a buffet lunch and received a goody bag to also celebrate their success.



Group: The Training Kitchen, Carrick Centre: £940

The Funding was used to buy food and dry store goods that were vital to deliver the training below.....

- During the term of the funding, over 70 people have participated in activities within the training kitchen.
- 20 young people with barriers to employment attended our Professional Cookery Course which equips our trainees with all the skills necessary to find work in a professional kitchen. The course covers everything from knife skills to food hygiene and is a combination of theory and hands on practice.
- 21 people with Additional Support Needs completed our Healthy Cookery Course. This is a fun course which teaches participants to cook healthy balanced meals on a budget. This course is based on the NHS Eatwell Model.
- Our Happy, Healthy Cookery Group is an ongoing weekly session for Adults with Additional Support Needs. Cookery provides the social interaction that has proven to be the highlight of several participants' week! Trainees learn to cook meals and enjoy the pleasure of eating together.
- We identified a local need from young parents/carers for classes aimed at cooking for families. We have started a weekly class where parents and carers can learn to cook for their family, promoting a healthy balanced diet on a low budget.
- 36 primary school aged children have participated in cookery sessions over the school holidays. Which included learning to cook healthy food and snacks and also had food based games and activities.
- Two volunteers over the age of 55 continue to directly support the training kitchen.
- 50+ elderly people have benefited by having young people cater and serve their monthly Seniors Lunch Club.
- We worked with local primary school that provided a Chinese Teaching Student to deliver Mandarin Cookery lessons.
- Our young chefs have also catered for other Community Events such as the Summer Sports Festival.
- We have worked in partnership with other groups and organisations to provide cookery classes for young people to promote community engagement.

Some quotes from our young Trainees

"I did a school placement in the Training Kitchen at The Carrick Centre last year and now I am doing my HNC in Professional Cookery at college and I volunteer on my day off!. I have made lots of friends too." Sean 17

"I always look forward to the holidays so that I can come to cooking class- its great fun and I've learnt loads." Iona 9

"I love the training kitchen- I have completed the Healthy Cookery Programme and I'm now on the Professional Cookery course. It has really made me want to think about a career in cookery once I finish." Abbie 18



Maybole and North Carrick Youth Evaluation Results

January 2018

Evaluations returned: 85

Evaluation Statements from Maybole and North Carrick Youth PB event January 2018

All the projects would be good for the community	68
I think the way it's done is fair	57
I feel like I am having a real say in my community	57
The voting seems quite easy	74
I'm inspired by what I am seeing and hearing	52
The event is well organised	67
I'm happy to vote	71
I like the venue	72
I enjoyed meeting new people	56
I think it's a good way of getting involved	68
It was fun	49
I might tell people about the decision day	53
Some projects wouldn't be good for our community	2
I don't think the way it's done is fair	8
I don't think people should have a say	1
I find the voting quite confusing	1
It seems like a waste of time	1
The event was badly organised	1
I'm not happy about voting	2
I don't like the venue	1
It took too long	1
I'm not sure what it's all about	1
I'm not having a good time	3
I wouldn't tell people about the decision day	2

Reflection on Event

Statements gathered from evaluations received on the day;

- Well done - great event!
- As long as there is some sort of balancing based on the size of the groups requesting funds then it could be fair.

- It's not clear how the voting will work with regards to fund deployment at the end.
- I like the format and the idea of it but still think it is biased towards larger projects with a higher number of participants.
- I think the Carrick Centre is a fabulous community facility
- Style of voting needs changed
- Description of the Carrick Centre should say "Training Kitchen" grant not for the centre as a whole
- Publicity for an event like this is difficult
- I thought it was a very worthwhile exercise well done all!
- A proportional vote and money distributed in the same proportion would be fairer
- All projects are deserving - could share the money out equally rather than vote
- Very well organised and a good turnout, well done everyone!
- This method of allocating funds is not impressive
- Good way of linking communities
- It was good to speak to the groups and find out what was happening in the community

Full Table of Awards for North Carrick Decides 27th January 2018 2017 can be found in *appendix 2* or via hyperlink: <https://www.south-ayrshire.gov.uk/locality-planning/documents/manc%20youth%20pb%20270108.pdf>



North Carrick Participate, Activate, Regenerate (PAR2)



The North Carrick Participate, Activate, Regenerate (PAR2) scheme was the banner for the third and last Decision Day for Maybole and North Carrick during the financial period 2017 – 2018 with the allocated £100,000 funding total being shared between 18 projects during a public voting event in Maybole Town Hall on March 3, 2018. Funding for PAR2 came from South Ayrshire Council via Maybole and North Carrick Villages Locality Planning Group (M&NCLPG) and the Scottish Government's Community Choices fund. The scheme was implemented by North Carrick Community Benefit Company (NCCBC) working with M&NCLPG.

In addition to providing funding, PAR2 organised and delivered sessions to raise awareness and provide advice to potential applicants. These sessions were held in North Carrick villages during November 2017. A PAR2 co-ordinator was available throughout the process to help applicants meet the fund criteria. PAR2 also provided training in presentation skills prior to the decision day event.

Application Criteria: Project proposals should deliver a benefit to communities within North Carrick and project ideas should fit with at least one of the following PAR2 Themes:

• Youth based	• Working with Seniors
• Supporting unemployed people	• Improving access to Training and Qualifications
• Work with Cared for people	• Addressing Social Isolation
• Improving Community Transport	• Improving Health and Wellbeing

Group: RecoveryAyr, Maybole Recovery Group £10,000

Thanks to the funding we have been able to set up a weekly drop in session for people in recovery and/or their family. The aims and objectives of this project are to provide individuals with;

- A warm, safe and dry place where people in recovery and/or their family can meet consistently
- Somewhere to access peer based support from people who have similar experiences to them
- Opportunity to build more consistent and positive structures into some aspects of their day/week
- A frequent and regular range of social and recreational activities which offer stimulation, challenge, learning and fun
- Somewhere to have a relaxed space and time over a cuppa and something to eat with their peers

Objectives Achieved;

The newly formed Saturday drop-in has been running successfully for over 7 months now. The initial estimate of 8 – 10 people who may attend has been exceeded and since the drop in started there has been a steady increase in the number of people attending, including family members affected by substance misuse and we now have 15 individuals regularly attending the group with future plans on extending the support to include the outlying villages due to this success. A partnership approach has been fostered through existing relationships with the Alcohol & Drug Partnership (ADP), NHS, Addaction Recovery Service and Ayrshire Council on Alcohol. This has resulted in a higher number of people attending and being supported in their recovery.

We have been able to evidence the real benefits experienced by people attending the drop-in through the following;

- Structured training programmes such as Step to Excellence which has been incorporated and delivered at the drop in
- Two individuals in recovery have enrolled on ADP Steeping Stones course in partnership with Ayrshire College
- Two individuals referred onto NHS Survive and Thrive course
- One individual volunteers on a regular basis at Café Hope in Ayr
- One individual achieved REHIS Food Hygiene certificate

“If it wasn’t for a partnership approach with Addaction, NHS, the drop-in and support received from peers the cycle of alcohol, detox and hospital admissions would have just continued” Group Member.

Reflections

- Real sense of community engagement/ participation
- Space for projects to network
- Majority of projects were successful in their bids, however some negative comments about why every group doesn’t get something
- Venue works well for a marketplace event
- Representation from majority of communities in North Carrick
- Sense of this being a positive event but what next? Especially when money is lower
- Difficult to know how much buy in there was from the wider general community for event as opposed to those affiliated to a participating group
- Considerations should be given to the sheer demand in time required of staff and volunteers to deliver such an event, especially given the amount amount of money available

- Given the extensive time required for planning, organising and delivering this event the commitment and input from the Par 2 co-ordinator, members of M&NCLPG, NCCBC and Community Development staff was instrumental to the successful delivery of this event

Full Table of Awards for North Carrick Decides 27th January 2018 2017 can be found in *appendix 3* or via hyperlink <https://www.south-ayrshire.gov.uk/locality-planning/documents/northcarrickmar2018par%202.pdf>

Appendix 1

North Carrick Decides – October 2017 - Awards Table		
Organisation	Project Summary	Amount
NHS Ayrshire and Arran Cognitive Stimulation Therapy Group	To start a group in Maybole to allow individuals with dementia to access beneficial and valuable therapy.	£1203.11
The Carrick Centre	To encourage the education of drama to 30 primary 7 school pupils from Maybole. Working alongside professional actors and the centres youth work team, young people will take part in a 10-week programme to develop a free Christmas pantomime that they will perform to their fellow peers, parents and the local community in December.	£2000.00
Minishant Youth Club	To fund the start up costs of providing a youth club. A grant award would fund the first year hall hire, games and crafts, tuck shop, insurances and PVG disclosure for volunteers.	£2000.00
Maybole Youth Club	To host a celebration event that will include celebrating the achievements of young people from North Carrick (Dunure Youth Club, Kirkmichael Youth Club, Maybole Youth Club and Carrick Centre Youth Club. To run workshops and present certificates to young people who have gained an award over the past year.	£1300.00
1st Crosshill Guides and Senior Section	To run a series of outdoor activities over the course of a year which will give the girls a chance to try things they wouldn't otherwise have the chance to do.	£1630.00
Maybole and North Carrick Gift Aid	To raise funds from the community to ensure that the children of North Carrick are not left without the things that most people take for granted.	£2000.00
Maybole and North Carrick Villages Access Communication Group	To provide free basic dementia awareness training to local businesses, schools and groups in North Carrick who wish to participate.	£1675.00
Maybole Recovery Group	This funding would help to keep the doors open in Maybole for people who are seeking recovery from addiction. Funding would cover the general running costs, team building sessions, and allow the group to purchase a calor gas heater for the winter months.	£930.00
South Ayrshire Escape from Homelessness (SeAScape)	To source white goods in good condition and transport to clients, many of whom are socially isolated and have no family or friends, who have secured a tenancy but have no funds or furniture to make a fit for purpose home.	£2000.00
Carrick Coastal Rowing Club	To build a 'wet room' as part of the group's health & safety audit. This will provide cover and a warm shower within the boat house for possible hypothermia victims.	£1800.00
Gardenrose Early Years Centre at the Carrick Centre	To create an area within the playroom which is dedicated to sensory play. This would positively contribute to the experiences that children who attend the centre and will enhance their development.	£2000.00
Carrick Senior Citizens Lunch	To bring together a group of interested local people to	£950.00

Club	look at providing information on the type of support required to help the growing number of people who have dementia related illnesses or other difficult life-changing domestic issues which cause hardship and isolation through being housebound or having reduced mobility.	
Maybole OAP's Association	To part fund social outings for members to various events. These events give the members something to look forward to and help ease the loneliness and isolation felt by many who are not as mobile and don't get out much.	£1500.00
Straiton Bowling Club	To replace the mats as they are over 50 years old. The club is in danger of closing if the mats are not replaced.	£1400.00
Maybole Memorial Park Bowling Club	To purchase an indoor bowling carpet and accessories so that club members and families can come together during the winter months to play bowls and maintain contact.	£1700.00
Martin's Fields	To establish an allotment where children and young people can grow a range of plants, for their own use and for sale, during the school week as part of their education. They will also be able to develop their skills in fencing, animal care, the environment and cooking.	£1794.00
Fisherton Church	To build a peace garden and a sensory garden in the grounds of Fisherton Church which everyone in the community will have access to.	£2000.00
Carrick and Maybole Walking Football	To help reduce the cost of the weekly walking football sessions, including transport costs to competitions, and to purchase equipment to enhance the quality of experience.	£800.00
Carrick Canoe Club	To help fund two junior kayaks and two intermediate kayaks, with associated equipment - paddles, buoyancy aids, helmets, spraydecks, cagoules and wetsuits.	£2000.00
Crosshill Village Club	To help subsidise outings, theatre trips, guest speakers and running expenses.	£400.00
	TOTAL	£30,082.11

Appendix 2

North Carrick Decides – January 2018 - Awards Table		
Organisation	Project Summary	Amount
1st Crosshill Guides and Senior Section	1st Crosshill Guides and Senior Section would like funding so that the Guides can go on two sessions of adventurous activities such as water sports or bush craft. The grant will pay for the activities and Community Transport to and from them. The senior girls will help organising a camp for the company and the girls have identified they would benefit from a field shelter to provide cover for activities which the grant would pay for.	£1,000.00
North Carrick Community Sports Hub	The Community Sports Hub would like to create two new sports clubs in the area; a volleyball and football club. The grant would be used to purchase equipment for the clubs, hall rental for the first 8 weeks and flyers to promote the new activities. It is hoped that local volunteers can be identified to assist at the clubs and they would be assisted to access the relevant coaching qualifications.	£ 1,000.00
Dunure Youth Club	Dunure Youth Club would like to run a trip for the young people to go to the activity centre at Loch Ken where they have a chance to experience new activities on both land and in the water. The funding will go towards the cost of the activities and transport.	£1,000.00
Maybole Memorial Park Bowling Club	Memorial Park Bowling Club would like to encourage young people to play lawn bowls. The club has generated interest in bowling from an active schools programme and would now like to provide coaching and support for younger members. The group would like to purchase appropriate equipment such as junior bowls and target mats that their young people can use.	£870.00
Carrick Children's Theatre and Voices (CCTV)	CCTV would like to put on a summer production to showcase their abilities and a number of productions in local	£972.00
The Carrick Centre	The Carrick Centre training kitchen assist young people with additional support needs to learn to cook, shop and store food. They would like a grant to support the project allowing them to purchase both fresh and dry food stuffs for the attendees. This will allow the training kitchen to run for the next year and allow attendees to develop crucial life skills.	£940.00
Part Funded		
South Ayrshire Schools and Gardenrose Sports Council	Gardenrose Gets Active wants to offer the children who attend the school opportunities to experience different types of sporting opportunities such as	£ 218.00

	tennis, basketball and taekwondo. The grant would pay for sports coaches to deliver 30 hours sports coaching in each type of the six sports the children identify and transport to competitions the children take part in.	
	Total Funding Awarded	£6,000

Appendix 3

PAR 2 – North Carrick Participatory Budgeting Event 3rd March 2018 Funded By South Ayrshire Council, Community Choices Funding and South Ayrshire Health and Social Care Partnership		
Morning Event – grants up to £5000		
Organisation	Project Summary	Amount
Maybole Memorial Park Bowling Club	Bowling equipment for young people – Our Club has been successful in attracting increased membership across all ages. This project is to buy a storage unit and three sets of 4 of the smaller sized bowls that 8 to 12 year olds need to properly try out and play the sport	£899.83
South Ayrshire Council-Community Learning and Development	FIRST AID TRAINING FOR COMMUNITY GROUPS – Provide 30 community activists in Maybole arid North Carrick with the opportunity to gain a nationally recognised Emergency First Aid at Work qualification. It will build the capacity of community groups to provide safe activities and a safe environment for their members.	£2,196.00
Maybole and North Carrick Youth Forum	Celebrating young people / Recruiting young people to forum – We are a new group starting up to allow young people to have a voice and to take an active role in influencing decisions and on issues important to them in their community. The Youth Forum, working along with North Carrick Youth clubs, wants to promote this group and encourage other young people to join. With this in mind the Youth Forum are asking for funding to purchase promotional materials such as pop up banners, window graphics, promotional pens, pencils and T-shirts.	£2,398.12
Kirkmichael Village Renaissance	McCosh Hall Blackout & Audio-Visual Project – To create blackout panels for the windows in the McCosh Hall and buy audio-visual equipment so that we can increase the range of activities in the Hall, including Ayr Gaiety outreach and also film nights for the elderly and young people.	£2,491.16
Maybole Juniors Football Club	REGENERATION OF LADYWELL STADIUM – To install a new roof for the covered area that currently has a large hole in it. This is not fit for purpose for local fans and is an embarrassment when other clubs visit.	£2,539.00
Straiton Primary School	Caring for Ourselves and Our Community – To buy cookery and catering equipment and training to enhance our cooking skills alongside parents, providing opportunities for our local community to become involved including a “launch lunch” for vulnerable and socially isolated members of the local community. This will promote the continuation of healthy lifestyle education for all, including mental and social wellbeing.	£2,941.11
Kirkmichael Primary School	Caring for Ourselves and Our Community – To buy	£2,944.30

	approach by providing complete services around their cancer – not just patient transport – this ensures they are assisted throughout their journey.	
Recovery Ayr	Working in partnership with the ADP we are proposing to set up a new peer recovery project on a Saturday in Maybole. The group will offer peer support (promoting abstinence) and activities, alongside training and volunteering opportunities. While the project will be based in Maybole it will be open to anyone affected by alcohol or drug misuse living in North Carrick. The involvement of a paid peer-worker will provide additional capacity to outreach to the more rural areas in the North Carrick area.	£10,000.00
Dunure Community Council	Opportunities for Children and Young People, Health & Well-being, Training & Qualifications. The project will buy a kit and materials to build a skiff along with associated trailer, launch trolley, safety equipment and first aid training for at least 2 volunteers. Coastal rowing and sea kayaking help to improve the health and wellbeing of a broad age range in the community as can be seen from the age ranges who participate in these activities throughout Scotland.	£9,082.00
Maidens Primary School	Currently there is not a sheltered outdoor learning space in the school playground and we believe that this is something that all involved with the school would benefit from both in the short and long term. An outdoor classroom and outdoor learning resources would provide a dynamic and exciting space for all the children to use for nature, craft, music, fitness as well as the more traditional lessons such as reading and numeracy.	£9,642.00
Ayr Gaiety ActOut! Maybole	ACTout! Maybole aims to increase confidence, wellbeing, resilience and social skills among young people in North Carrick by delivering fun, energetic, creative weekly youth theatre sessions led by a skilled drama worker. With our target group coming from communities in Maybole and the outlying villages, ACTout! Maybole will be a free to access group to ensure complete inclusivity and accessibility to all young people including those from income deprived families and communities.	£9,964.00
Ayr United Football Academy	The aim is to provide local children with access to free physical activity opportunities and create a sense of community in North Carrick; Stage 1: 6-week block of football coaching for all primary schools in Maybole & North Carrick; Stage 2: 1-week long football summer camp; Stage 3: Term-time after-school football centre at Carrick Academy.	£9,359.18
The Carrick Centre	The project aims to reach across the ages providing a service to 3 or more groups currently operating within The Carrick Centre. They are Early Years, The Carrick Tots, Carrick Sensory, and Senior Citizens Lunch Club. We wish to provide: training to the groups and participants through Mindfulness and Yoga, equipment to develop and maintain the activities, and storage for	£8,882.67

	new equipment as they grow their services.	
Part Funded		
SACT	A shuttle bus service taking elderly and/or disabled residents from the North Carrick Villages to Maybole to weekly Lunch Clubs at the Speakers and the monthly Lunch Club in the Carrick Centre and for passenger to also access other services and facilities in the town e.g. doctor, dentist, shopping etc. Project would also work with local Community Councils to identify families with disabled/terminally ill members to enable these families to go on special trips free of charge.	£6,070.15
	Total	£73,000.00
	Total Funding Awarded	£100,000.00