

**Locality Planning Group Maybole and North Carrick Villages Locality**

**Action Note of Meeting: 19<sup>th</sup> May 2016**

**Present:** Callum Reilly, Mark Fletcher (vice-chair), Heather Mundell, Lynne Anderson (Vasa), Helen Duthie, David Kiltie (chairperson), Linda Conway, Jacqui Neil, Ryan Ward, Ronnie Sinclair, Kate Anderson, Cllr Ann Galbraith Coral McMillan, Tracey Middleton

**In attendance:** Dawn Parker

**Apologies:** Peter Mason Tracey Malone, David McLeod, Jane Allan, Cllr Brian Connolly Aileen Galloway, Dr Johnathon Sheward, Gordon Roberts, Elaine Currie, Jeanette Heggs

Item/Description	Discussion	Action
<p><b>Welcome and Introductions</b></p>	<p>David Kiltie opened the meeting and welcomed new members to the group</p> <p>Tracey Middleton introduced herself to the group. Tracey has recently taken up post as a Community Link Practitioner Her role is to engage with patients accessing GP practices who need to be routed to more social solutions. She will work intensively with referred patients, principally but not exclusively from GPs, and will be based in situ within GP Practices and have established links with a significant range of local community based services and contexts. Tracey will be linked to the Maybole and Girvan practices and will support the patients referred to her, to identify issues that affect their ability to live well. She will support them through decision making processes to help them decide upon the issues that they would like to address and any barriers to addressing these. The post is initially funded for 2 years.</p> <p>Discussion around the shortage of GPs and lack of capacity within local surgeries</p> <p>Realistic Medicine report presented at the previous meeting was discussed – we have an Ayrshire wide prescribing group looking at how we prescribe medication – the group explored the issue of over prescribing how this impacts on cost and wellbeing</p>	<p>Dawn link with Phil White to raise issue</p> <p>Dawn contact Di Lamprill re pharmacy input</p>
<p><b>Notes of previous meeting</b></p>	<p>Callum Reilly was in attendance at the previous meeting</p>	<p>Dawn amend notes</p>

**Matters arising**

Rachael McLeod NHS is able to attend the Locality Planning meeting scheduled for 21<sup>st</sup> July  
Rachael will deliver dementia awareness training to the locality planning group.

Timetable  
Rachael McLeod on Agenda 21<sup>st</sup> July

**Presentation - Callum Reilly Health Improvement Officer**

Callum Reilly Health Improvement Officer – South Locality delivered a presentation on Health improvement

**Public Health**

Public Health is an approach to health that aims to improve the health of an entire group. The focus is to improve health and quality of life through the prevention and treatment of disease and other physical and mental health conditions. This is done through observation of cases and health indicators and through the promotion of healthy behaviours. Examples include promotion of hand washing, breastfeeding, delivery of vaccinations.

**Health Improvement**

Health Improvement is defined by the World Health Organisation as;

*“The process of enabling people to increase control over, and improve their health”*

Health improvement acknowledges that health is influenced by a range of factors, such as personal, social, economic and environmental factors and aims to enable people to gain control over these influences making the healthier choice the easiest choice. Health improvement also seeks to reduce inequalities in health.

Within Ayrshire and Arran Public Health works across key areas identified in the chart below

Alcohol	Tobacco including Fresh Air-shire	Obesity	Mental Health and Wellbeing
Assets in Ayrshire	Breastfeeding	Child Health	Child Healthy Weight - Jumpstart
Detect Cancer Early	Drugs Misuse	Gender Based Violence	Greening the NHS Estate
Health Promoting Health Service	Healthy Working Lives	Oral Health	Physical Activity
Sexual Health and Blood Borne Viruses			

	<p>Those working in Health Improvement;</p> <ul style="list-style-type: none"> <li>• Work on topics – e.g. smoking, alcohol, obesity</li> <li>• Work with target Groups – e.g. children and young people, Learning Disabilities, homeless</li> <li>• Deliver training to build capacity</li> <li>• Develop and provide resources</li> <li>• Implement HI Programmes e.g. Child Healthy Weight</li> <li>• Undertake research and evaluation</li> <li>• Develop and implement local policy and strategy</li> </ul> <p>Health Improvement activities are delivered in a range of environments including</p> <ul style="list-style-type: none"> <li>• Communities</li> <li>• Nurseries</li> <li>• Schools</li> <li>• Further Education</li> <li>• Care Establishments</li> <li>• Pharmacies</li> <li>• Pubs/bingo halls/bookies</li> <li>• Communities</li> <li>• Nurseries</li> <li>• Schools</li> <li>• Further Education</li> <li>• Care Establishments</li> <li>• Pharmacies</li> </ul> <p>Some of Callum's work includes</p> <p><b>Schools</b>  Support to Curriculum for Excellence  Pan Ayrshire Health and Wellbeing Networks  Represent department on National Health and Wellbeing Network</p> <p><b>Communities</b>  Learning Community Partnerships  Ahead Project (Asset Based Community Development)  Health and Social Care Partnerships  Locality Planning Groups x 3</p> <p><b>Training</b>  Health Issues in the Community  Greening NHS Estate/Physical Activity/Health Promoting Health Service  Active Travel Hub  Social Media</p> <p><b>Discussion</b>  It was requested that the locality planning group and networks benefit from participating in any training delivered by the Health improvement team.  It was also agreed that the new health and wellbeing profiles will</p>	<p>Dawn send Callum Reilly's presentation to wider locality planning group</p> <p>Callum share training calendar with group and information on how to access the resource library</p>
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minute changes to programming were required however many positive opportunities arose from the partnership. Dawn is working on an evaluation of the PB process and Decision Day to be presented at the August meeting.

re- individual group evaluations the possibility of filming groups was discussed and agreed as a positive way to capture the impact funding alongside the completion of light touch evaluation forms which have been distributed to all successful groups.

**Access short life working group**

The Access short life working group received a presentation from Jenni McKeand from Alzheimer’s Scotland. The group explored the possibility of Jenni delivering dementia friends training across North Carrick as part of the safe and accessible place for all vision. The next meeting is scheduled for Tuesday 7<sup>th</sup> June and will involve input on Keep Safe from Caren Rennie.

**Locality Priorities –Action planning**

2 illustrations have been developed to explain Maybole and North Carrick Villages Locality Priorities see below:

**Fig 1 Priorities Mind Map**

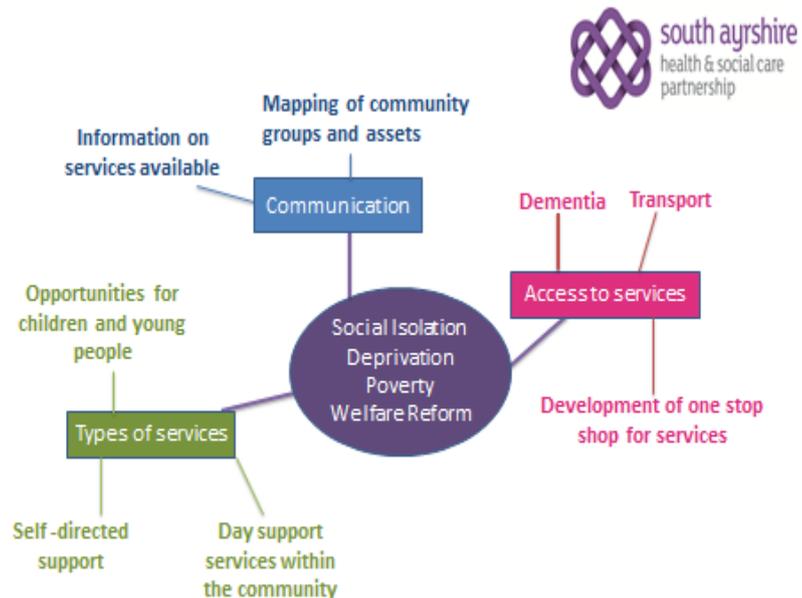


Figure 2: Priorities Tree



The group discussed how they might begin to action plan against priorities. David Kiltie requested that Dawn work with Jacqui Neil, Ronnie Sinclair and Callum Reilly to begin to map a way forward.

The group were reminded of the **Sharing Practice and Making Connections** event at UWS Ayr Campus on 16<sup>th</sup> June at 1:30pm

The next locality planning meeting will take place on **Thursday 16<sup>th</sup> June 10am Carrick Centre Maybole**

AOCB

Date of next meeting