

## South Ayrshire Health & Social Care Partnership

### Locality Planning Group Girvan and South Carrick Villages Locality

#### Action Note of Meeting: 4<sup>th</sup> November 2015

**Present:** Fiona Smith, Ronnie Sinclair, Janice Dunn, Sandra Dunn, Lynne McIlwraith, Pauline Komiski, Louise Collins, Heather Fraser, Cllr Alec Clark, Andrew Sinclair, Tricia Watts, Susan Gray, Mhairi McKenna, Sada Mangalampalli, Dr Hal Maxwell. Sheila Wood, Careen Rennie, Sandra Dunn, Elizabeth McQuiston, Wilma Dunlop, Peter Walker

**In attendance:** Bill Gray, Dawn Parker, Peter Linton.

**Apologies:** Stacey Ross, Ken Johnstone, Dr Bruce McMaster, Dailly Community Council representative, Cllr Alec Oattes, Stuart Lindsay

Item/Description	Discussion	Action
<b>Welcome and Introductions</b>	Each group member introduced themselves, Elizabeth McQuiston and Wilma Dunlop, attended in place of Ken Johnstone and Fiona Smith attended in place of Callum Reilly. Careen Rennie, Dr Hal Maxwell, Sheila Wood and Sandra Dunn were in attendance for the first time.	
<b>Notes of Previous Meeting</b>	An apology from a representative of Dailly Community Council was not noted in the draft action notes.	<b>DP amend notes accordingly</b>
<b>Matters Arising</b>	Public Dental Services update: Dawn updated the group on the engagement around Public Dental Services. A representative from Public Dental Services will attend the following locality planning meeting on 2 <sup>nd</sup> December	<b>Representative from Public Dental Services to attend meeting on 2<sup>nd</sup> December</b>
<b>Presentation Girvan new-build Leisure Centre</b>	<p>Peter Linton (Girvan Project Manager South Ayrshire Council) presented the plans for Girvan's new build Swimming Pool and Leisure Centre to the group.</p> <ul style="list-style-type: none"> <li>• The project started 5 years ago and is a partnership project between South Ayrshire Council and South Carrick Community Leisure (SCCL).</li> <li>• The facility will be sited at Girvan Harbour and will include a swimming pool fitness gym,</li> </ul>	

	<p>flexible multi-purpose studio/ community space soft play area and café</p> <ul style="list-style-type: none"> <li>• 5.3 million has been for the project 4 million of which has been contributed by SAC</li> <li>• This is a huge cultural shift to have a building so heavily funded by South Ayrshire Council managed by a Community based Charity/Social enterprise</li> </ul> <p><b>Timeline:</b></p> <p><b>December 2015</b></p> <ul style="list-style-type: none"> <li>• SAC approval of SCCL as operator of the centre</li> <li>• SAC sign off for construction</li> <li>• SAC/SCCL announce name of building – a</li> </ul> <p><b>Jan 2016 - March 2017</b></p> <ul style="list-style-type: none"> <li>• 60 weeks of construction</li> <li>• Refine business plan</li> <li>• Recruit staff</li> <li>• Raise 300k for fixtures fittings</li> </ul> <p><b>March 2017</b></p> <ul style="list-style-type: none"> <li>• new leisure centre opens with community in control</li> </ul> <p>The facility requires a projected 225k per year from swimming gym and exercise classes and much of the current work is focussed on encouraging subscriptions including corporate packages.</p> <p><b>Group Discussion</b></p> <p>It was agreed that the resource is a core part of the wider jigsaw of health and wellbeing in the area.</p> <p>There are clear links to Health and Social Care as the facility provides a resource which links with the early intervention and prevention agenda promoting a healthy lifestyle.</p> <p>There is the potential to think creatively about how we all work in partnership for example swimming lessons to all children in Girvan and the wider locality.</p> <p>It was agreed that we should all think of how we support people to make positive lifestyle decisions, to help them 'self-manage' for example; There is a cohort of people in the area with low bone mineral density where swimming and light exercise would be a helpful way to manage their condition.</p>	
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	<p>The group asked that contact details be provided in the notes for circulation and that the <b>swimming pool and leisure facility</b> remain a standing agenda item for the Locality Planning Group</p> <p>Contact Details:</p> <p>Peter Linton <a href="mailto:Peter.Linton@south-ayrshire.gov.uk">Peter.Linton@south-ayrshire.gov.uk</a></p> <p>Andrew Sinclair: Chairperson South Carrick Community leisure <a href="mailto:andrewsinclair35@hotmail.com">andrewsinclair35@hotmail.com</a></p>	
<p><b>Setting the Scene Locality Profiling and Mapping</b></p> <p><b>Locality Planning Group Standing Orders</b></p> <p><b>Locality Planning meeting setting dates for next 6</b></p>	<p>Dawn Parker presented the group with profiling information under the headings</p> <ul style="list-style-type: none"> <li>• Population and Area</li> <li>• Economy labour market benefits and poverty</li> <li>• Housing</li> <li>• Education skills and training</li> <li>• Health</li> </ul> <p>The group were asked to break off into small discussion groups to consider the following questions</p> <p><b>What strikes you most about the profile for Girvan and South Carrick Villages?</b></p> <p><b>Did anything surprise you?</b></p> <p><b>What might be topics or issues worth prioritising?</b></p> <p><b>Are there follow up questions – things that you want more work to be carried out on?</b></p> <p>For collated responses please refer to appendix 1 on pages 5-7 of these notes.</p> <p>Bill Gray intimated that he, Gus Collins and Phil White, will continue to support the group into the new year and asked the group to consider possibly at the February meeting appointing a chair and SPAG (strategic Planning Advisory Group) representative. The Group were also asked to consider Locality Planning Standing orders and terms of reference</p> <p>The group agreed on dates for the next 6 months as noted below</p> <ul style="list-style-type: none"> <li>• Wednesday 3rd February 2016</li> <li>• Wednesday 2nd March 2016</li> </ul>	<p><b>Group consider standing orders and terms of reference</b></p>



## **Appendix1: Group responses to profiling questions**

### **What strikes you most about the profile for Girvan and South Carrick Villages?**

High rate of retired population within the area – this challenges services

No detailed dementia information

Where are the specialist care homes for dementia – families have to travel to Ayr and further afield for this.

High % of smokers

Cancer rates above the national average

Heart disease is nearly 3 xs higher than the national average

Low income

Area of deprivation

Single parents

High unemployment

Less opportunity

Elderly population growing

High rate of emergency admissions

Lack of emergency facilities

Number of elderly high

Deprivation is high

Emergency admissions are high

Life expectancy is low

## **Did anything surprise you?**

Cancer rates- die at 72 - emergency admissions

## **What might be topics or issues worth prioritising?**

Older people in Villages

Transport for Rural areas

Leisure facilities outside Girvan are limited

Heart disease

Breast feeding support

Diet Healthy eating

Learning disabilities

Dementia no specific facility

Diabetes rates

Social deprivation

Unemployment and youth unemployment

Smoking in Pregnancy: Are there community based projects that help pregnant women- give them information and support to help them understand the risks of smoking in pregnancy.

Dementia there is a high rate of dementia diagnosed and undiagnosed living in the community

For young people topic to prioritise - Education

Smoking, pregnancy and young mums

Diet healthy eating and exercise – cooking bus to promote a healthier lifestyle

Ambulance A&E

Can we encourage employment opportunities?

Smoking cessation

Encourage exercise

Encourage weight loss

Priorities: maintain primary care GP nurses and out of hours services

Health education in broadest sense including promotion of exercise

Social Care – foodbanks care for children care for elderly funding for care services

End of life care where? by whom? what resource is needed

**Are there follow up questions – things that you want more work to be carried out on?**

Why high cancer? What is the trigger? Re- high breast cancer rate it would be interesting to breakdown cancers in a more detailed way to better understand

Smoking in pregnant women – would like more information Dementia

Advocacy Services - there are none for our local learning disability community

Breast Feeding (maternity services is there enough local support)

Lack of amenities – can we check out why people from Girvan have to travel to Ayr to get help with a blue Badge application when we have a customer service centre in Girvan.

Can we capture figures for diabetes?

Re maintaining primary care we could reference RGGP Scotland Policy Document “Being Rural”