



Locality Planning Group Girvan and South Carrick Villages Locality

Action Note of Meeting: 1st June 2016

Present: Peter Walker, Sheila Wood, Tricia Watts, Pauline Komiski, Sandra Dunn, Anne Love, Heather Fraser, Mhairi McKenna, Stuart Lindsay, Ronnie Sinclair, Tracey Middleton, Irene Climie, Mhairi McKenna, Celia Strain, Ann Robertson Fiona Smith, Heather Fraser, Cllr Alec Clark.

In attendance: Dawn Parker

Apologies: Jacqui Neil, Bruce McMaster, Sada Mangalampalli, Careen Rennie, Hal Maxwell, Lynn Seaton, Louise Collins, Phil White

Item/Description	Discussion	Action
<p>Welcome and Introductions</p> <p>Notes of Previous Meeting</p>	<p>Peter Walker welcomed everyone to the group. Peter informed the group that Andrew Sinclair has decided for personal reasons to step down from the position as chair of the Locality Planning Group. We are sad to lose Andrew and appreciate the help and support that he has provided during his time as chair.</p> <p>Peter Walker will act as interim chair and the group was asked to consider nominations for chair and vice chair and contact Dawn with their thoughts.</p> <p>Hal Maxwell is very ill. It was suggested that Dawn email Hal with well wishes - on behalf of the locality planning group</p> <p>A warm welcome was extended to Celia Strain and Ann Robertson representing the village of Barrhill and Tracey Middleton (Community Link Practitioner) who are all attending for the first time.</p> <p>The notes were accepted as an accurate reflection of the meeting proposed by Irene Climie and seconded by Pauline Komiski</p> <p>Tracey Middleton introduced herself to the group. Tracey has recently taken up post as a Community Link Practitioner Her role is to engage with patients accessing GP practices who need to be routed to more social solutions. She will work intensively with referred patients, principally but not exclusively from GPs, and will be based in situ within GP</p>	<p>Group members nominations for chair and vice chair to Dawn</p>

<p>Small Grants sub group feedback</p>	<p>Practices and have established links with a significant range of local community based services and contexts.</p> <p>Tracey will be linked to the Maybole and Girvan practices and will support the patients referred to her, to identify issues that affect their ability to live well. She will support them through decision making processes to help them decide upon the issues that they would like to address and any barriers to addressing these. The post is initially funded for 2 years.</p> <p>Stuart Lindsay updated the group on the progress of the Small Grants Group. The group met to begin to organise the forthcoming Girvan and South Carrick Villages Participatory Budgeting Event South Carrick Decides 'Decision Day'.</p> <p>The event will take place on Saturday 27th August, venue Girvan Academy (TBC). The closing date for applications is 12th August and the group will meet to shortlist on 17th August.</p> <p>Dawn will work on a scoring table linked to Integrated Care Fund criteria and Girvan and South Carrick Villages Locality Planning Group priorities.</p> <p>The group are also exploring PP voting with the possibility of using the process to consult with those who attend the Decision Day.</p>	
<p>Communication sub group Feedback</p>	<p>The communication sub group have identified 4 key tasks</p> <ol style="list-style-type: none"> 1. Finalising the directory of community groups with a commitment to update twice per year 2. Mapping exercise of communication tools/ media across locality planning partners 3. Tell the story of Girvan Community Hospital 4. Use individuals stories to illustrate the variety and impact of local health and social care activity <p>The group are in the process of finalising a flyer around the activity undertaken in Girvan hospital, producing a directory of services and a narrative including a day in the life of the rehab unit. They will also explore extending the use of info screens in Girvan Community Hospital</p>	
<p>Health Improvement Presentation Fiona Smith</p>	<p>Fiona Smith Health Improvement Officer South Locality presented to the group Fiona's Presentation covered</p>	

- Public Health
- Health Improvement
- Fiona’s role as Health Improvement Officer

Public Health

The faculty of public Health describe Public Health as

“The science and art of promoting and protecting health and wellbeing preventing ill–health and prolonging life through the organised efforts of society”

Health Improvement

Health Improvement is defined by the World Health Organisation as;

“The process of enabling people to increase control over, and improve their health”

Health improvement acknowledges that health is influenced by a range of factors, such as personal, social, economic and environmental factors and aims to enable people to gain control over these influences making the healthier choice the easiest choice. Health improvement also seeks to reduce inequalities in health.

Within Ayrshire and Arran Public Health works across key areas identified in the chart below

Alcohol	Tobacco including Fresh Air-shire	Obesity	Mental Health and Wellbeing
Assets in Ayrshire	Breastfeeding	Child Health	Child Healthy Weight - Jumpstart
Detect Cancer Early	Drugs Misuse	Gender Based Violence	Greening the NHS Estate
Health Promoting Health Service	Healthy Working Lives	Oral Health	Physical Activity
Sexual Health and Blood Borne Viruses			

Those working in Health Improvement;

- Work on topics – e.g. smoking, alcohol, obesity
- Work with target Groups – e.g. children and young people, Learning Disabilities, homeless
- Deliver training to build capacity
- Develop and provide resources

<p>Keep Safe Initiative</p>	<ul style="list-style-type: none"> • Implement Health Improvement Programmes e.g. Child Healthy Weight • Undertake research and evaluation • Develop and implement local policy and strategy <p>Health Improvement activities are delivered in a range of environments including</p> <ul style="list-style-type: none"> • Communities • Nurseries • Schools • Further Education • Care Establishments • Pharmacies • Communities • Nurseries • Schools • Further Education • Care Establishments • Pharmacies <p>Some of Fiona's work includes;</p> <ul style="list-style-type: none"> • NHS Ayrshire & Arran Tobacco Leadership Group, Ayrshire & Arran Tobacco steering Group culminating in the development of an action plan for South Ayrshire with key partners including South Ayrshire Environmental Health and Trading Standards. • Ayrshire and Arran Healthy weight strategy • Mental health and wellbeing strategy • Involvement with the AHEAD project in north Ayr Asset based approach to community development involving community builders • Health Improving Care Establishments (HICE) • Health Promoting Health Service <p>The Keep Safe Initiative has been introduced to South Ayrshire. Locality Planning group member Careen Rennie (Unit Team Leader South Ayrshire Council Girvan Opportunities) is key to the introduction of the scheme. Careen is keen that Locality Planning Group members are aware of and support the scheme.</p> <p>Keep Safe</p> <p>The aim of the Keep Safe initiative is to ensure that disabled people can enjoy ordinary day to day life and activities</p>	<p>Dawn will email Fiona's presentation to the group</p>
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<p>AOCB</p>	<p>GP services Dailly and Barr: Dawn will forward press release to group members around the Dailly and Barr GP services.</p> <p>Equality and Diversity Films Cllr Clark recommended that the group have an opportunity to look at Equality and diversity films and suggested that Dawn link with Lorraine Finlayson to progress</p> <p>Group members were reminded of the Sharing Practice Making Connections event on 16th June all Locality Planning group members invited to attend the event.</p>	<p>Dawn link with Lorraine Finlayson</p>
<p>Date and time of next meeting</p>	<p>The next meeting will take place on: Wednesday 6th July 7pm-9pm Girvan Community Hospital Seminar Room</p>	

Community Transport Focus Group

How would you rate current public transport services in your area?

Long distances to bus stops for some

Cuts buses to villages with long waits in villages

Trains to Stranraer more expensive

Barrhill buses – only 5 per day

Last leaves at 4:40pm and return from Girvan 6pm

Not able to use if working in Stranraer

No buses to Ballantrae via Colmonell at certain times

Issues re timing and routes and making connections for onwards travel

Barrhill Trains 1st train 8:30-9pm

No Sunday services subsidies to stagecoach cut Colmonell, Ballantrae, and Pinwherry community service

Girvan to Ayr Trains/ Bus service not bad the villages are more disadvantaged

Sunday and evening services – to Newton Stewart stopping in July will affect Barrhill especially can't access churches

Does this link with school times?

Problem accessing station at Barrhill

Barrhill minibus provided by Leader MyBus CAN ownership St Johns ambulance

How might services be improved?

Re-look and develop MyBus (sits for long periods unused could interlink with other bus services)

Consult more with people and communities

Smaller mini buses

Post bus – look at this initiative

Shared driving within communities

Community car scheme

Base MyBus in Girvan

Review how MyBus service operates

Develop a Sunday service for the villages

Introduce an interlinking dedicated circular bus service

Need smaller community buses

Look at example in Barr

Smarter use/ coordination of MyBus

Need to have more discussions with local people about which times and routes would be more useful

Trains at Dailly

Community buses

Use South Ayrshire Community transport to Co-ordinate bus and train times

New buses too big

Look at developing a service to Crosshouse advertise volunteering and look at subsidising MIDAS training this could lead to employment

Cohesive strategy to improve the current system

If new and better public transport services were introduced, would you consider using them?

Need to have a new and better transport for us to consider using it with more considerate drivers (training need) many people have experienced drivers moving off when they reach the bus stop or not stopping for people who are waiting at the bus stop.

Yes! Would consider using public transport if timings and routes were revised

Yes

We'd love it!

Additional Comments

Community transport will be available 3 days per week in Barr

Lack of parking at Barrhill station

Issues for students travelling back at night