

**Locality Planning Group Maybole and North Carrick Villages Locality**

**Action Note of Meeting: 16<sup>th</sup> March 2017**

**Present:** David Kiltie (chairperson), Cllr Brian Connolly, Jeanette Heggs, Heather Lavalette, Peter Mason, Jackie Simpson, Elaine Stevens, Lynn Anderson, Ian Stirling, Kate Anderson, Phil White

**In attendance:** Dawn Parker, Maire Littlemore (Action Notes)

**Apologies:** Mark Fletcher, Ronnie Sinclair, Callum Reilly

Item/Description	Discussion	Action
<b>Welcome and Introductions</b>	<p>David Kiltie (Chair) opened and welcomed all to the meeting.</p> <p>Phil White, South Ayrshire Health &amp; Social Care Partnership was in attendance today to give a presentation to the group regarding South Ayrshire Health and Social Care partnerships Draft of the Mental Health Strategy.</p>	
<b>Notes of previous meeting</b>	<p>The Action Notes of the meeting dated 16<sup>th</sup> February 2017 were approved with following amendments – missing information; student present at previous meeting was Daniel Doig.</p>	
<b>Action Points of previous meeting</b>	<p>POA Awareness, Glasgow campaign – Dawn followed up re-South Ayrshire</p> <p>AILN Leaflets/ DVDs are still available for distribution.</p>	
<p><b>Phil White –</b></p> <p><b><i>Draft of Mental Health Strategy</i></b></p> <p><b>Presentation</b></p> <p><b><i>Draft of Mental Health Strategy</i></b> <i>(continued)</i></p>	<p>Phil gave an update on the current draft of the Adult Community Mental Health Strategy for South Ayrshire. The specific aim being to provide effective support for people to maintain and recover good mental health by addressing their personal outcomes.</p> <p>This was achieved by engaging with both people with mental health issues, their families and carers and conducting surveys with managers and frontline staff throughout the health, social care and third and independent sectors.</p> <p>Key themes which emerged were as follows:-</p>	

<p><b>Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Access Working Group – Sub Group</b></li> <li>• <b>Listening Short life working group</b></li> </ul>	<ul style="list-style-type: none"> <li>• Choice, Control, Safety and Carers</li> <li>• Co-ordinated Flexible Tailored Provision</li> <li>• Prevention, Recovery and Reducing Stigma</li> <li>• Performance Management</li> </ul> <p>Phil stated that Maybole Health Centre has been used as a principle health resource pilot using a front end triage model which has been successful and will be rolled out in Girvan in the future.</p> <p>Discussion followed regarding concerns as to why high numbers of anti-depressive medication was prescribed in our area: poverty, poor education, housing and unemployment were all relevant factors. Increased interaction with relevant agencies e.g. DWP, housing departments etc. will be sought.</p> <p>These models will not incur extra costs but utilising current services available through interaction and modelling services to meet individual needs rather than clinical interventions only.</p> <p>The transition from children’s services into adult services was of particular interest with recommendation that a linked service be more appropriate.</p> <p>Prevention, recovery and stigma were significant elements to be addressed with acknowledgement that steps by the community could raise awareness of mental health issues.</p> <p>Further information can be accessed through website By following the link below and hard copies of presentation were distributed at meeting.</p> <p><a href="http://www.south-ayrshire.gov.uk/health-social-care-partnership/strategy.aspx">http://www.south-ayrshire.gov.uk/health-social-care-partnership/strategy.aspx</a></p> <p>Dawn stated that both she and Heather Mundell are progressing with the community event to be held in the Town Hall Maybole, date and structure to be arranged.</p> <p>Ian Stirling is working on a stepping stones bereavement listening service at a local level with parishioners in Kirkoswald Maidens Turnberry and Fisherton as part of compassionate communities approach for North Carrick</p>	
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<p><b>Mental Health Strategy Focus Group</b></p>	<p>Dawn stated it is important to stress that the group has the ability to shape the Mental Health Strategy. Mental health is seen as a hidden community which creates difficulties for those who use this service and involves a complex process to do it justice.</p> <p>Frank McMenemy has agreed to extend the date for the Learning Disability Strategy. This consultation can be reached by following the link below  <a href="https://www.surveymonkey.co.uk/r/LDStrategyConsultation">https://www.surveymonkey.co.uk/r/LDStrategyConsultation</a></p> <p>Elaine Stevens Gave a personal account of her own experiences and explained how she was fortunate to have a specialist support worker, this packaged together with other services was assisted breaking down stigmas and aided to her recovery and subsequent role as a peer worker.</p> <p>Discussion followed regarding the difficulties of time for consultation and how Locality Planning was placed within the Strategy.  It was felt that it is important to give a collaborative response to the draft strategy in order for the group to have their say.</p> <p>Online survey is available by following the link below everyone was encouraged to participate in the online consultation  <a href="https://www.surveymonkey.co.uk/r/MHstrategyconsultation2017">https://www.surveymonkey.co.uk/r/MHstrategyconsultation2017</a></p> <p>It was agreed that a Focus Group be created specifically to give responses at local level meeting before end of month - Heather M, Dawn, Elaine and Ian showed interest in attending a working lunch. Heather L will join if available  Dawn will co-ordinate a meeting of the focus group</p>	
<p><b>PB Update</b></p>	<p>Mark Fletcher is currently on holiday therefore Dawn gave an update on the PAR event held on 4<sup>th</sup> March and distribution of monies for North Carrick (£80,000).</p> <p>The process when applying involved a steering group and applications were more detailed, which included business plans and legacy projections. In total 12 groups were screened with 4 groups being successful in obtaining full funding. These were the following:-</p> <ul style="list-style-type: none"> <li>• Maybole Pipe Band – funding for new uniforms</li> <li>• Carrick Sensitive – Opportunities for Children who are in need of additional support needs (Play based learning)</li> <li>• Food for Thought – a Kitchen attached to school space which grows own produce</li> <li>• Glebe Pavilion – North Carrick Sports Hub</li> </ul> <p>Dunure Kayaking Club was unsuccessful in obtaining full funding but as runner up did obtain a portion of funding towards the</p>	<p>Dawn to co-ordinate</p>



