Day Services for Older People Consultation
Factsheet

Why we’re consulting
The review of day services for older people is part of a programme of service reviews carried out by South Ayrshire Health and Social Care Partnership (HSCP).

Later this year, the HSCP Integration Joint Board (IJB) will be asked to consider options on the future delivery of day services for older people. Its considerations will be based around the options below:

1. **Current Service with Improvements**
   Improved version of the current service including provision of seven day week day care and improvements to the social work referral process.

2. **Self-Directed Support (SDS) Budget Only**
   SDS offers choice and control to individuals to use the equivalent day services budget in a range of different ways to meet their personal outcomes. There would be no change to day hospital provision.

3. We are also proposing to charge for day care for older people and adults and wish to seek your views on this.

Further details on these options, and what they would mean for you or the person you care for, can be found later in this factsheet.

As part of this process we want to understand the views of the relatives, carers, users of day services and the public at large. This feedback will help inform decisions on the future provision of day services for older people.

Feedback as well as factors such as available funding and ability to meet current and/or future objectives for the services will be taken into account before any decision is made.

**Timetable**

The key dates for the formal public consultation period are:

<table>
<thead>
<tr>
<th>Key date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday 1st July 2019</td>
<td>Public consultation opens</td>
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<tr>
<td>Friday 9th August 2019</td>
<td>Public consultation ends</td>
</tr>
<tr>
<td>Thursday 15th August 2019</td>
<td>Feedback reviewed and considered</td>
</tr>
<tr>
<td>Wednesday 4th September 2019</td>
<td>Report to the IJB on the consultation results</td>
</tr>
<tr>
<td>Tuesday 1st October 2019</td>
<td>Implementation of final decisions of IJB</td>
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We will keep you informed throughout the consultation process.
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Current position

Day Care Centres

Day care centres offer a chance for people who find it difficult to get out and about to socialise, make friends and take part in activities. For example, day care centres might offer activities, singing, games and arts and crafts. Some offer hairdressing, foot care and complementary therapies.

In South Ayrshire day services are currently delivered by in-house provision at Overmills in Ayr and Nursery Court in Girvan; independent / third sector service providers - South Ayrshire Dementia Support Association (SADSA) and Ballantrae Rural Initiative Care in the Community Ltd (BRICC). These services are all registered by the Care Inspectorate to provide day services for adults.

Day Hospitals

Day hospitals are one way of delivering healthcare to older people. They are out-patient facilities which older patients attend for a full or near full day and receive multidisciplinary health care ‘under one roof.’

In South Ayrshire there are NHS Ayrshire & Arran day hospitals at the Biggart Hospital and Girvan Community Hospital.

Self-Directed Support (SDS & Personalisation)

If you are assessed as requiring day services Self Directed Support (SDS) provides you with four options to help you organise your support.

The principles of SDS are choice and control and to encourage people to consider new ways of being supported as opposed to accepting the default position of traditional services. If you are assessed as requiring day services you have a choice to convert the equivalent cost of a traditional day care centre into a personal budget and use it in different ways to meet your outcomes. Examples include:

Mrs B was originally going to a day care centre and she decided to look at alternatives. She used her personal budget to purchase support that enabled her to go into her local community to meet her friends for a coffee at the weekend.

Mr C used his personal budget to purchase support from a care company to assist him to meet his peers at the golf club on twice a week.

Mr D used his personal budget to purchase two days at his local day care centre where he enjoys the company and feels well cared for.
The proposed options

The proposed options under consideration are:

Current Service with Improvements

This option means that we would retain the existing provision of day services for older people.

This would include in-house provision at Overmills in Ayr and Nursery Court in Girvan; independent / third sector service Providers - South Ayrshire Dementia Support Association (SADSA) and Ballantrae Rural Initiative Care in the Community Ltd (BRICC); and NHS Ayrshire & Arran day care at the Biggart Hospital and Girvan Community Hospital.

Service users would also be offered SDS to enable them to personalise their support.

As part of this option we would look at ways of improving the current service. Some examples of potential improvements to the current service are given below.

- Provision of seven day week day care
- Improvements to social work referral process
- Sharing resources, such as facilities and training
- Promoting a better understanding of the potential of SDS

Self-Directed Support (SDS) Budget Only

This option would mean that service users would be provided with an SDS budget upfront. This could be used to purchase private day care or the SDS budget could be used in a different way. Examples provided under Self-Directed Support (SDS & Personalisation)

Under this option there would be no internal day care or commissioned day care provided by the HSCP.

There would be no change to day hospital services.

Charging for Day Care

We are also looking to gather views on proposed changes to charges for day services for older people. Services concerned include those provided at/by: Overmills, Nursery Court, SADSA, BRICC and Mears.

The proposal is to charge a flat daily charge of £10 (including meals). This charge would not be means tested.

This would bring South Ayrshire HSCP into line with a number of local authority areas and protect services going forward.

For service users who attend for up to five days per week on a referral basis, it has been assumed that charges would be levied for no more than two days per week in each case.
The proposed changes will not impact South Ayrshire’s eligibility criteria to access adult social care services, so if a vulnerable adult is assessed as having critical need they will continue to receive services.

**Further information**

Increasing demographic demand for services for older people is set out in the current [HSCP Strategic Needs Assessment](#) which underpins the [IJB Strategic Plan for 2018-21](#). By 2039, it is forecasted that those aged over 75 living in South Ayrshire will increase by 82%.

Those using older people’s services and the associated support costs, increases with age and thus greater numbers of older people in the population will place increasing demands on older people’s services, including day care in future years.

In addition, more people in Scotland are now living with one or more complex health conditions. They require more health and social care and that requirement will increase as they age. Fewer people are able to work and remain in work as a result of health problems or because of the requirement to care for loved-ones who are unwell.

Expectations of older people in future years will change, likely to lead to an increased need for person-centred solutions to improve outcomes for older people.